FOUR FREE PATTERNS ARE PRESENTED WITH THIS NUMBER.

MYRA'S JOURNAL

July, 1910.

3D

THE LEADER OF FASHION

Vol. XXXVII.
No. 7.

1. New Four-Gore SKIRT (for Serge or Linen)
2. Smart One-Piece Summer COAT.
3. Gathered Muslin BLOUSE.
4. Girl's One-Piece BLOUSE.

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No. 9215.—A Kimono Bathing Dress.

For Description see Pages 31 to 35.

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PETROLATE OF SULPHUR.—For promoting the growth of the Hair, and for preventing greyness. A new compound, which not only promotes the growth of the Hair, but also largely increases the formation of its colouring pigment. Its use has the effect of nourishing the Hair and increasing its growth, and also of improving its colour, preventing the increase of greyness, and removing that already existing. Price 2s. 6d.

The effect of this, used in combination with the Jaborandi Tonic, has recently been found *most remarkably successful*. A lady writes: "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft tooth-brush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

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"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

CREAM OF STEPHANOTIS.—A liquid form of the celebrated Bloom of Stephanotis (see above), which possesses all the admirable qualities of the Powder, with the additional advantages of being adhesive, though imperceptible, and most refreshing in application. Cleansing and beneficial to the skin, it forms the most desirable and effective Skin Lotion, its action being both preservative and protective. For evening wear, outdoor exercise and motoring it is largely and successfully used, as it is found effective for preventing redness and brownness of the skin, and for imparting a dainty delicacy to the face, neck and arms.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula. Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. The Thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the Thin Emulsine is adapted for whitening the complexion, and for summer use. Prepared from the pulp of the ripe fruit, both preparations possess remarkable protective powers against the ill effects of exposure to sun and wind. A perfect substitute for soap. Travellers will find the Emulsine indispensable.

DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. With directions, 2s. per bottle. "Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

NEWS FROM FASHION CENTRES

FROM

Vienna, Paris, &c.

HOW long will the very tight skirts last? They have not yet become general; that is, they are not very noticeable in the streets, and already signs are not wanting that they will soon be superseded. The slender skirt is very pretty, especially on a good figure, and many examples of the full skirt, drawn in with a knee band, become any but the stout; but the exaggeration—the 1½ yards band, for instance—is having no real success. One of our very big dressmakers tells me that her customers—women of wealth and position—will have nothing to do with the most chic (the tightest) skirts; if persuaded to have one, such a lady immediately sends back the skirt to be widened into comfort and better style.

The tight drawn-in skirt is a feature. How wide should the knee band be? 1½ yards at most, say sticklers for the "latest"; but this width is not enough, if one is not to hobble as one would in a real Jap-kimono. 2 yards to 2¼ yards is more sensible, especially for seaside and country wear.

Equally fashionable with the knee-band skirt is the skirt eased into a shaped foot band. The one is used for very soft, light materials. the other for fabrics of a heavier character. The question of tightness is the same in both styles. Ultra *chic* dressmakers are inclined to narrow the shaped foot band into absurd dimensions. Two yards at the very least should be allowed, The prettiest skirts have moderate foot bands and the upper part only just full enough to be eased into the plain top of the band. These look very pretty in silk voile.

These bands are of varying width, and are sometimes cut in one with a narrow plain tablier. They are always slightly circular so that the top edge measures less than the lower.

To be successful, the skirt with knee or foot bands should be weighted, to draw down the full puff of the skirt and the floating flounce. A special method of weighting has been prepared on purpose, which is stitched inside the hem of flounce or foot band. Otherwise the tight, light, unlined skirt would ruck up in unsightly style.

The new "French shape" for walking shoes is being much pressed just now. I doubt whether it is adapted to the English foot, which is already apt to be rather long for its width. The new French "shape" is very long indeed—somewhat swan-bill in type at the toe, and it is very becoming to a short, broad foot, giving refinement to a flat, coarse foot. Many Frenchwomen and men have very short feet, so the lengthened swan-bill toe is an improvement. It is a far more sensible and hygienic shape than the old sharp-pointed toe, which was a prevalent source of enlarged toe-joints and bunions, and it keeps taut and in shape much better, because it is not so tight across the broad part of the foot.

No. 9216.—CHARMING LACE BLOUSE.

For Description see Pages 30 to 35.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

To go with washing dresses the pretty white leather walking shoes are having a great success; also pale grey suède is in demand. They seem to have largely superseded the brown shoe, which is more worn now by boys and men. Both white and grey shoes are useful for dusty roads.

"Wash" frocks (as "tub" frocks are called this year) are mostly quite short, showing the whole of the boot, and these have to be dainty and smart in consequence. A shoe very prevalent has a high but wide heel, and the fronts lap free over the instep leather, tied with a ribbon instead of a lace. With nice embroidered stockings matching the shoe, the effect is very good indeed.

Foulard makes cool country frocks, especially spots and stripes, and cottons can be had this year almost exactly like foulards in design and colouring. The cotton fabrics are certainly very pretty, including, besides cotton foulards, cotton Shantung and cotton crêpe. The cotton Shantungs are rather a very soft-finish linen, dyed to look like Shantung. All these make charming "wash "frocks, which need not be so elaborately made. Not a few have tunics over the skirts, just as if they were foulards or Shantungs. Pretty tunics close over on the left, edged with braided key pattern, the left opening continuing the line of the blouse opening. Some of the tunics are smartly pointed, in the style of No. 9224.

About this time of the year, experimental suggestions are already reaching us of wider skirts. There is just a trifle more spring in the plain skirts, and quantities of pleats in those which are made with a tunic.

FOUR FREE PAPER PATTERNS. NEARLY 100 DRESS AND MILLINERY DESIGNS.

HOLIDAY MILLINERY.

Sailor hats with tall or flat crowns are fashionable, every well-known milliner making a speciality of either one or the other. Some of the flat-crowned sailors are turned up at the back with a large cachepeigne of ribbon, and then they have a second bow across the back of the crown with very wide loops standing out on either side. In the front there are generally two posies of close rosebuds or the ribbon is pulled through a straw buckle.

A Louis XVI. shape, upturned at the back, can be carried out in natural-coloured straw, black velvet, and red roses; a huge series of loops in this case

No. 9217 No. 9218 No. 9219

STYLES FOR MUSLIN OR FOULARD, FOR TUSSORE OR LINEN.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Skirts, Blouses, Coat, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

would be stretched across the front, and the roses would show at the back, and would fill in the gap between the hair and the edge of the up-turned brim.

A number of the plain soft Tagal straws have no trimming at all upon them excepting an enormous rosette of pleated lace centred by a jet button, or kilted ribbon made with a plain disc in the centre of whatever material is employed.

Tricorne hats are capable of different interpretations; none of the smartest have the dents at equal distances, and a Napoleonic flavour is imparted when the brim stretches wide across the front of the face.

Motor bonnets are no longer among the smart things. Capotes of cloth and suède are worn in bad weather, but close, lightly constructed toques of straw with veils of the best ninon are seen upon the smartest people. The prevailing use of the closed motor has altered many things, and it is no longer considered desirable to label the whole of one's possessions with the word "motor." The newest veils for everyday use are very light in mesh, and have faint spots or tiny diamonds powdered over them. Others have leaves and flowers woven into their surface, but they do not appeal to everybody.

No. 6220 No. 9221

No. 9222

DAINTY ONE-PIECE BLOUSES AND A SUMMER WALKING SKIRT.

For Descriptions see pages 31 to 35.

Price of Paper Patterns, Skirt or Blouses, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

"Your patterns are so excellent I do not care to use any other."—A.

HINTS FOR TRAVELLERS.

I WONDER how many people are wending their way to Oberammergau this year, to witness the wonderful Passion Play? People are going who can only just afford the seat and the long journey. They will nearly all visit one or two of the picturesque little towns in the neighbourhood. They will reduce their luggage to a minimum.

Those are wise who take only what they can themselves carry. Waiting for porters and reclaiming registered luggage means a waste of time and increased expense.

For this arrangement, one hat only and one costume only can be taken—on the person of the owner. A lightweight but protective coat-and-skirt are essential. For this waterproofed shepherd's plaid or black-and-white or grey homespun can be recommended. A neat pleated blouse of silk to match, which can be worn throughout all the time is better than several washing blouses. A blouse of tucked white muslin should also be taken, to serve for both morning and afternoon wear.

Of course a long top coat of tweed should be carried on the arm. For a hat I advise a fairly wide-brimmed Tuscan straw, trimmed with black satin ribbon. A cap for the railway should be tucked in the long coat's capacious pocket. I recommend an umbrella, of course, but no sunshade.

For sea-travelling a long-sleeved Shetland wool bodice should be packed in the bag, as this can always be worn beneath light blouses. One change of underwear must be sufficient, two pairs of stockings and another pair of shoes and slippers are all that can be allowed for the Gladstone bag. A silk-and-wool combination (for the underwear) takes very little room, is very light, cool, yet protective—the very thing for our purpose.

For the silk blouse foulard is to be recommended, as it does not crush and pleat up when closely packed. I find that carefully folded and then rolled up, the blouse keeps better in condition, and will be less spoiled by heavier things.

A large bag will take at need a second dress—a light one, simply made, of foulard—such a dress is of no weight, practically, and packs into a small compass. Rolled, it will emerge uncreased if rolls of tissue paper are inserted between the folds. It will serve as a dinner dress and will be cool during the hot weather of July or August. The owner can always feel that she possesses a silk dress to fall back upon for any contingency that requires smarter dressing. One never knows where one may have to go, and abroad it is sometimes awkward to find oneself limited to a solitary gown, especially in a small town or village, where shopping (except for curios) is out of the question.

Fan and Spade:

WOMEN AT THE WHITE CITY.

FANS.

THERE is a most attractive display of fans in that section of the Japan-British Exhibition which the Worshipful Company of Fanmakers has arranged. Considerably more than a hundred exhibits are to be seen, and several of these are of exceptional interest. Among them is the fan which the company presented to Queen Alexandra for use at her coronation. This fan, which is of British make, is a beautiful production, bearing two crowned "A's" surmounted by the Royal Crown. The Queen, Princess Louise, Princess Christian, and Princess Henry of Battenberg are contributors.

The Fanmakers' Company is hoping by this exhibition to stimulate the British fan industry, and most of the examples shown are of British make. The exceptions are "historical" fans, once in the possession of famous people.

Two memorable fan exhibitions have been held in London by the company, in 1877 and 1897, at the Draper's Hall. In the latter year the company presented a fan to Queen Victoria as a Diamond Jubilee present.

No. 9223.—A White Linen Coat-and-Skirt.

For Description see Pages 31 to 35.

Price of Paper Patterns, Pleated Skirt 1s. 0½d.; *Coat,* 6½d., *post free, from* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

LADY GARDENERS.

Shepherd's Bush abounds with matters of particular interest to women. In striking contrast to all that is suggested by the subtle fan, there is the "open-air" section of the Women's Congress, arrangements for which have been most complete.

Special afternoons—those of July 5 and 6—will be set apart for the discussion of subjects relating to women's agricultural work. The Hon. Frances Wolseley, Principal of the Glynde School for Lady Gardeners, has drawn up a programme which includes lectures on Colonial Training, Landscape Gardening, "Jobbing," American and French Gardening and Market Gardening, Farming by Ladies, Bee Keeping, Poultry Keeping, Dairying, and the possibilities of co-operation both among lady farmers and lady gardeners. Lady Falmouth is to take the chair, and all the lecturers are ladies.

A DYING RACE.

One of the unique attractions at the Japan-British Exhibition this summer is a party of Ainu—a race which long ago occupied the same position in respect to the Japanese as once did the Saxons to the Normans in our own islands. The history of this little-known and declining race is similar to that of the North American Indians. In the early years of Japan's awakening they were gradually driven off the mainland to Yezo, where they are now found. The Japanese Government is doing all in its power to protect and preserve them, but there has been no increase in their numbers since 1882. These strange visitors are members of old tribes, and some of them are very well-to-do. One of the families possesses a large tract of land and fifty or sixty horses. Native huts are erected at the White City for the use of the Ainu. There they are seen carving wood, embroidering, or otherwise engaged. The men have long flowing hair and full beards, and the women are tattooed about the mouth and arms. One of them, a maiden of sixteen, is said to be quite a belle in her own country. Bears, among other curious things, form objects of special devotion to the Ainu, and are carefully tended in pits by each village community. The people themselves have been a subject of deepest interest for many learned societies, and their simple folklore is full of the quaint symbolisms found in the records of races existing when the world was young.

"I find 'Myra's' a very useful journal, also very elegant."—S. B.

GRANDMA'S DECEPTION.

By ROSE NOBLE.

A Modern Girl Hears an Old-Fashioned Love Story—and Likes It.

JACK and I are just engaged. It happened one of the very few summer days we have had this summer, and I had on a particularly pretty blue zephyr, made kimona fashion, and the simplicity of it gave Jack the impression that, after all, we could both manage on a small income, seeing how economically and simply I dressed. I've noticed several times lately that the proposals always come off when the girl is dressed in this nice, get-at-able way—but I digress. I suppose that, really, no one outside our immediate circle cares two straws about our engagement, although grandma does keep reiterating that all the world is interested in lovers. Ours is such an ordinary, placid, everyday kind of engagement as far as romance goes. Jack is—you see I am up-to-date enough to face things as they are—well, Jack is just an ordinary young man waiting for that rise which would have been his long since if rises went by merit, and I am just an ordinary kind of girl living in the suburbs, making many little preparations for our future home and having a good time meanwhile. No romance here, is there? Sometimes I feel inclined to wish that either his people or mine had made an excitement by raising some opposition; but to speak truthfully, everybody seemed quite agreeable, and my mother actually gave a sigh of relief. Dad shook hands with Jack's pater and said in a facetious way:

"The young folk call us old-fashioned, but they go on copying us in the falling-in-love-and-getting-married idea."

Jack's pater has just lost a big case under the Married Woman's Property Act, and "married" is a word that at the moment calls up an unpleasant train of thoughts.

"Well," he growled, "I hope they'll have the sense to keep out of debt, that's all. Seen the case of Jarvis v. Sutton, it's——"

We were having a family gathering to celebrate the engagement, and grandpa — grandpa and grandma have both said some sweetly, sentimental, old-fashioned things to Jack and me—interrupted the relation of the case of Jarvis v. Sutton by——

"Just as long as they deal straightforwardly with each other, things will be serene, I am sure. They ought to begin fair and square, everything above board, and then keep to that policy. No over there deceived me, never have been induce her!"

This extraordinary spe everyone of us to dead all eyes were turned placidly knitting away the big arm-chair. G dear romantic old lady— grow romantic when I tennis and golf, there's —and grandma just l grandpa, with a twinkl bright eyes, and s blushed!

"Great Scott!" said concerted whisper to m old folk aren't going t family skeleton. My so——"

I know he *meant* "cr answered "Yes, he is," whisper.

"She would have b and maybe a happier, had not wilfully deceiv cluded grandma.

"Oh, Tim!" said gr happier! And why do things? I'll have to ex

"Yes, my dear, y answered with a chuck

Grandma folded up "I was not so fortun here," she said, "for died whilst I was quit I lived with an unc Uncle set his mind on to Squire Bennett, jus Squire's land and my adjoined. Really, Squire Bennett, he wa red-faced and loud-vo only idea of making l me under the chin a big, cheerful voice, 'W and how are you to-d

At this grandpa stroked his beard, a smiled in a superior w see by their faces th thinking how well th given Squire Bennett art of love-making.

"In those days," on, "girls always did told, so I held my pea gagement was announ when I was alone."

"Catch me!" I m ously, and then glanc mother and comforta dad. These were parents of old rom thank goodness!

No. 9224.—A Pretty Frock of Cotton or Foulard.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Skirt, Tunic, or Blouse, each 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carma

"Then one day uncle said, 'Mary, get your fal-de-lals packed up for a visit to London.' 'We are going to buy your trousseau,' said aunt, 'though we really require to buy little, as you and I have sewn so much. Finish hemming that tray-cloth before you commence packing, Mary.'

"Surely never did a tray-cloth seem so short, for rather than pack up for that errand, methought I would have hemmed a tray-cloth miles long. But oh dear! 'Twas a short time before I was arrayed in my scuttle-bonnet and sandwiched between aunt and uncle in the coach—trains had not yet reached country parts, you know.

"Uncle took us to a nice, quiet family hotel in London, and aunt sent me to bed early, so I might be fresh for the round of shopping in the morning. I cried myself to sleep, and got wakened up—oh, no! not by my aunt or a chambermaid, but by a fireman.

"'*Fire! Fire! Come on!*' he shouted in my ear, and then whipped me up in his arms and dropped me out of the window. I fell with a soft thud into a blanket, all the crowd shouted 'Hurrah!' and willing hands helped me to my feet.

"I just had time to notice that I was standing beside a young man with a handsome face and nice, kind eyes——"

No. 9226.—A Pretty Suit of Linen.
For Description see Pages 31 to 35.
Price of Paper Pattern, 6½d., post free, of Madame Myra, 10 and 11, Fetter Lane, E.C.

"Um-m-m!" Grandpa's cough made his face look very red.

"—before I fainted. I think anyone *would* have fainted under those circumstances."

"*I* would, grandma!" I said with conviction, and Jack looked cross.

"Well, when I recovered my senses, I was lying on a couch in a strange room.

"'Where am I?' I asked, and the young man I had seen before came out of the shadows and explained that I was in his parents' house, and they were all waiting till I felt well enough to give them some particulars of myself, so that I might be restored to my friends. And, you see, I didn't want to be restored to my friends when one would certainly be Squire Bennett, so I fainted again. I couldn't bear to think about Squire Bennett, and the idea came into my mind that I would run away and hide somewhere and be friendless and alone. I said something like this, and that daring young man dropped on one knee besides the couch and said—— No! I really cannot tell you all he said now, I've—I've forgotten. He kissed my hand and——"

"Your hand?" said I disbelievingly.

"Yes, young lady, my hand!" said grandma with dignity.

"—and went into the next room, only partitioned off from the one where I lay, by wooden doors. And I heard him say, 'The young lady has promised to be my wife, so we could be married at once by special license, and she need not go away from here!'

"His mother gave a little scream.

"'The forward minx!' she said, but his father laughed—

"'Happy's the wooing
That's not long a-doing!'

"he cried: 'Go your own way, and good luck to you, my lad. She looks good-tempered, and she's pretty, and marriage is a lottery, anyway; you can't tell whether you've a prize or a blank when you take up a ticket.'

"So the mother said no more, and at night, when I went with her to the guest-chamber, I made bold to tell her all about it. 'Let me be married for love,' said I.

No. 9225.—A Little Frock of Nainsook and Embroidery.
For Description see Pages 31 to 35.
Price of Paper Pattern, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 9227.—A Simple Frock for a Country Garden Party or Wedding.
For Description see Pages 31 to 35.
Price of Paper Pattern, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue W. G., N.

No. 9228

No. 9229

SMART SEASIDE COATS-AND-SKIRTS.

For Descriptions see Pages 31 to 35.

Price of Paper Pattern, Pleated Skirt, 1s. 0½d.; *Skirt or Coats, each* 6½d., *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

Women always are in love with love, so I had my way, and she kissed me. And I told her I was well-dowered.

"'I do not wonder at your love for my brave boy,' she said, 'for all the girls within ten miles are just the same.' (You know mothers always *are* lovingly foolish over only sons, Tim, so don't look as if you thought it true!)

"My great fear was that uncle would find me before Tim could get the license, although things moved much more slowly than they do now, when there is a good train service and the telegraph, so I was impatient till Jim came in with the black-robed clergyman, and we were married in the drawing-room I had first entered. I had no trousseau after all, and my wedding dress was a ready-made book-muslin bought in a hurry, but there never was a happier bride, I am *quite* certain. As for Tim, he looked so radiant that I liked little the task of telling him about my uncle and Squire Bennett. But when my little story was told he just kissed me and said, 'I thought you were lonely and friendless, but no matter. You are of age, and your own mistress, sweet wife, and 'tis my good fortune that you preferred me to Squire Bennett, though I am a poor man in comparison.'

"We were riding then on our way to Yorkshire, where my home was, and thinking I heard the sound of swift galloping along the high road, I looked out.

"'Tim!' I cried, 'here come my uncle and Squire Bennett!'

"Tim stopped the driver, and we waited in the road till the two came up. Of course uncle was furious, and Squire Bennett more red than ever with his anger. The business arrangement of years' standing was upset, and they both had long since forgotten that a world can well be lost for love.

"'What do you mean by it, young man?' spluttered my uncle.

"'Why, we mean to live happily for the rest of our lives, as married folk should, *that's* what we mean by it!' said Tim."

. . . . . .

"And we've done it, too!" said grandpa, stooping to kiss his dear wife. Shadows must have chequered the sunshine of these two lives as they chequer most, yet it was charming to see them now, as happy in each other's love and esteem as they had ever been.

"If only we can grow together like that!" I whispered to Jack.

"Dear sweetheart!" he said, his face lighting up with pleasure that I should have said the thing he thought.

THE END.

THE "IDEAL" COOKERY BOOK.

This is a selection of some 200 well-tested recipes, by Miss Lilian Clark, for savouries, pastry, custards, all sorts of plain and delicate sweet dishes, summer and winter drinks, &c., &c. It is sold at the modest price of 6d. (by post 7d.), by the publishers, Beeton and Company, 10 and 11, Fetter Lane, E.C.

The Crochet Collar Protector or Motor Scarf.

By C. HAMER-JACKSON.

THAT the shaped motor scarf was needed is evident by the immediate success which heralded its appearance simultaneously with the long rolled coat collar which made it an absolute necessity to have some extra protection for the chest and throat. The use of furs in the winter months, however, acted somewhat as a check against a new rage, which is likely to develop even more rapidly as soon as the furs are laid aside.

Transparent, lace, net, and muslin blouses are still the favourites for summer wear, whilst the treacherous climate of England makes it imperious to be supplied with something to stand the various changes of the weather.

The general difficulty is to have something light and portable, and amongst all the novelties with which modern commercialism has provided us, few offer the same number of advantages as the dainty little chest protector here illustrated. It is easy to make, quick to work, takes very little material and when completed, can easily be rolled up and put in the pocket. Whilst on it fits perfectly tight over the blouse without any possible crush, and prevents spoiling the fit of a good coat by bulging out in all directions. Moreover, it keeps the blouse collar clean.

The crochet should be rather tightly done so as to give substance to the texture. Begin at the front of the neck, making a chain of 128 for the top part of the scarf which forms the collar. This should measure about 14 inches. Turn, miss 1 chain, work 1 double crochet into every chain to the end of the row.

Second Row: Turn with 1 chain, work 1 double crochet into each of the next 63 stitches, taking up the front thread only, 3 double crochet into the 64th stitch (which is the middle one), then 1 double crochet into each of the remaining 62 stitches, leaving the last stitch unworked. In this way the collar will be shaped by increasing in the centre in every alternate row, and decreasing at the end of every row. The same number of stitches must be worked very carefully so as to get exactly the right shape for the collar.

Third Row: Turn with 1 chain and work double crochet all along, taking up the front thread only, to the last stitch of the row, which is left unworked. Repeat the second and third rows until the collar measures about 6 inches in depth at the sides, and 7 at the point at the back, then break off the silk.

To work the two ends, begin on the right side, and work about 56 double crochet along the lower edge of the collar, taking care that the stitches are kept close together and that no spaces are left.

Second Row: Turn with one chain and work 1 double crochet on each double crochet of the previous row, taking up the two top threads.

Third Row: Turn with 1 chain, work 1 double crochet on each double crochet of the last row, only taking up the top thread.

Fourth Row: For this repeat the previous row.

Fifth Row: Turn with 1 chain and work 1 double crochet on each double crochet of the previous row, taking up the two top threads.

Sixth Row: This is worked like the fifth row, after which the work, exactly the same as the third row, is repeated for about 13 inches; this should make about 32 ribs. Now work the other side in the same way.

To work the Scalloped Border: Begin at the outside edge of the right end, just one stitch above the join, work 1 double crochet, 1 double crochet, 1 chain, 3 treble into the next rib, 1 double crochet into the next, and repeat all round the end to join at inner side at the base of the collar. Break off and fasten neatly. Work round the second end in the same way.

The scarf is closed by a button and buttonhole, the latter being made in the crochet by working three chains and passing over three stitches wherever the buttonhole is required. In the next row work into these three chain stitches, and continue as usual. Sometimes a spring catch is substituted for the button and buttonhole, and in this case the fasteners are stitched on where necessary. Another idea which is likely to catch on is to have little olives in passementerie on each side joined together by a thin corded silk. This allows a pretty combination of colours, as this kind of trimming is generally in a contrasting shade to the one in which the crocheted scarf has been worked or if a Liberty style is preferred, choosing a darker tint of the same colour.

"Myra's Journal" is the best fashion book one can buy and the Free Patterns are lovely."—M. Y. A

FOR THE SEASIDE OUTFIT.

No. 9230

No. 9232

No. 9231

A CHARMING FROCK OF GREY LINEN AND TWO PRETTY BLOUSES.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Skirt or Blouses, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Smart Home-Made Underwear.

IT is astonishing to discover how many people make their own underclothes; in fact, one may almost say it is the unexpected which happens in this direction, for it is often the girls who are renowned for smart appearance who undertake a vast amount of this needlework as soon as summer is over. Some of the prettiest garments I have seen just lately are some night-gowns and chemises with yokes composed of very fine and good *broderie Anglaise*.

The left-hand figure of the sketch on this page wears a very attractive little model, not at all difficult to make. This chemise is cut Empire shape, the skirt is fitted into the figure by a series of small tucks in front, and is joined to the bodice by an *entredeux* run with a satin ribbon. The back of the chemise is almost identical to the front, and beneath the arm is a piece of cross-tucked nainsook attached to the embroidery by a fine embroidery beading. The sleeves can be edged with Valenciennes or with embroidery, whichever is preferred. Now here is a chemise which the veriest tyro can undertake with perfect safety, the only difficult part being the tucking, and tucking, after all, is a question of industry and care. A night-gown *en suite* would be made with exactly the same sort of bodice, and the sleeves would come just below the elbow, and could be interlet with strips of embroidery, or they could be of plain material, with a frill of the soft, embroidered nainsook at the base. Then since it is the fashion to have knickers to match, there is no doubt that the wide-legged knickers are much more comfortable and practical than the old-fashioned variety, and the virtue of economy may also be claimed for them as they do not split as was the pernicious habit of the more close-fitting style. We all have our little fads and fancies about underwear, many wear the camisole-skirt in place of a chemise.

No. 9233 No. 9234 No. 9235

Price of Paper Patterns, Princess Petticoat, 1s. 0½d.; *the other models, each* 6½d., *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

The Princess petticoat is a garment which has come back into great favour, and in these days of skin-tight frocks it is almost impossible to do without them. They are quite easy to construct, since they do not have to fit very closely to the figure, but they must be properly finished off at the hem with an ornamental flounce. In the sketch is seen a Princess petticoat, cut without sleeves, but with ribbon straps to form shoulder bands. The fastening of these petticoats is arranged down the centre of the back.

I have seen one or two semi-Princess petticoats composed of a white petticoat and a camisole joined together with an *entredeux*; but these are not altogether successful, for the whole object of a Princess petticoat

"The Princess Dress Pattern was a splendid fit."—J. I.

No. 9233.

is that there should be no line of demarcation just at the waist line.

The seated figure wears a night-gown which is of French origin. The yoke is composed of tucked nainsook, which is made with wide slots beneath each outside tuck. This night-gown, however, is not for everybody's use, since it fastens down the side by the sleeve and along the shoulder. At the same time, those who object to this method of fastening could with very little ingenuity alter the design to suit their own convenience. Four groups of tucks could be arranged instead of three across the front, and the bows, which are always extravagant, could be omitted. If the tucks were set in four groups, the aperture would be made down the centre of the front, and this to my mind is always a desirable method of making.

Last year everybody wore embroidered underwear, and there is still a tremendous affection for this kind of *lingerie*; the tiresome habit which the spikes have of splitting wherever there is any strain can be prevented if a tiny little French tape is stitched on just where the scallops divide. This year good Valenciennes lace and very fine spotted or embroidered muslin insertion seem to be preferred, and there is certainly a great inclination to use less lace, but to have both it and the material of finer quality. Knickers and chemises, or combinations, whichever is preferred, can be trimmed in the same way, and Madame Myra has patterns of all the most up-to-date *lingerie*, which will be found invaluable to those who make their own underwear.

I am often asked whether it is still possible to obtain patterns of closed knickers. Madame Myra has an excellent pattern of these, made to button up at the back. They can be trimmed and ornamented quite as daintily as the other kind, and it takes about three yards of 36-inch wide material to make them. The very wide-legged knickers, which really are nothing more or less than divided skirts, take about five yards of ordinary 36-inch nainsook or lawn. It is somewhat amusing to think of the difference of the material used to-day for underclothes compared with that with which our forbears were content. Coarse longcloth, stout linen guaranteed to wear for ever, were the fabrics chosen, and the trimming, if any, was generally hand-made embroidery worked upon equally coarse longcloth.

No. 9237.

No. 9238.

No. 9239.

HOT WEATHER BLOUSES AND CHARMING COUNTRY FROCKS.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Princess Dress, 1s. 0½d.; Skirts or Blouses, each 6½d.: the Full-size Transfer for Embroidering Blouse No. 9237 costs 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

"I have been a subscriber for years and always find your Journal so useful."—C. A.

No. 9240

No. 9241

DAINTY SEASIDE OR COUNTRY COSTUMES.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Skirts, Foundation Skirts, Coat, or Blouse, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane. E.C.*

No. 9242 No. 9243

SIMPLE GOWNS FOR THE SAILING SEASON.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Princess Dress, 1s. 6½d.; Pleated Skirt, 1s. 0½d.; Coat, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 9244

No. 9245

TWO PRETTY SEASIDE COSTUMES.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Skirts, Coat, or Blouse, each 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 9246 No. 9247

MORNING AND AFTERNOON INDOOR GOWNS FOR THE VISITING OUTFIT.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Skirts or Blouses, each 6½d, post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 9248 No. 9249

DAINTY PIER GOWNS FOR THE SEASIDE OUTFIT.

For Description see pages 31 to 35.

Price of Paper Patterns, Tucked or Pleated Skirts, each 1s. 0½*d.; Blouses, each* 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 9250

No. 9251

FOULARD OR MUSLIN GOWNS FOR COUNTRY GARDEN PARTIES.

(These Frocks look equally well with Skirt just clearing the ground.)

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Skirts, Foundation Skirts, Blouses, each 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 9252 No. 9253

TWO DAINTY MUSLIN, COTTON, OR FOULARD GOWNS, FOR SEASIDE OR RIVER WEAR.

For Descriptions see Pages 31 *to* 35.

Price of Paper Patterns, Pleated Skirt, 1*s.* 0½*d.*; *Skirt, Foundation Skirts, or Blouses, each* 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[NOTE.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts (from *natural* waist), 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

NEW FOUR-GORE SKIRT.

This is one of the prettiest of the new straight skirts. Slender enough to be very up-to-date, it is not scanty enough to be one of the "hobble" skirts which ladies of taste justly refuse to wear, and which would be impossible for country or travelling use. This skirt and its accompanying coat look well in white serge. There is no seam up the back. All seams are lapped, the ½ inch lap being given in the pattern. It is an exceedingly economical skirt if carefully cut, taking barely three yards.

The pattern is in three pieces: half the tablier, one side, half the narrow back. The narrowness of the one-piece back is to be noted; a new cut.

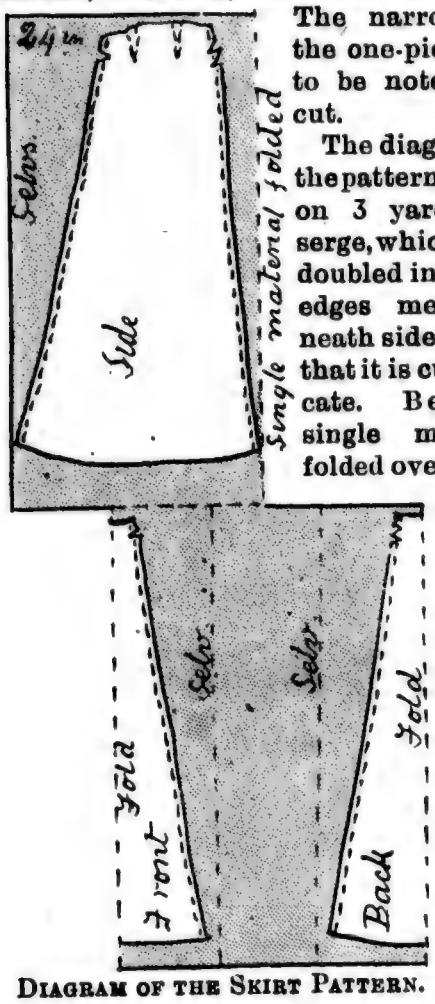

DIAGRAM OF THE SKIRT PATTERN.

The diagram shows the pattern pieces laid on 3 yards 48-inch serge, which is single, doubled in half (selvedges meeting), beneath side pattern, so that it is cut in duplicate. Below, the single material is folded over, right and left, the centres of back and tablier patterns laid along the folds.

Tack the pieces together according to the notches, leaving the opening in left tablier seam. Try on. Stitch and press the seams. For country wear the skirt is best lined, as petticoats and foundation skirt should be avoided. Turn up the hem interlined with lino, and fell invisibly. Press the hem well with a hot iron and wet woollen cloth. Stitch a fly lap into side edge of opening. Put Newey's Spring Hooks under the tablier edge, and put "Neweye" bars over the fly lap. The pocket can be inserted in this opening. Bind the top of skirt, and close with two of Newey's larger hooks and eyes.

ONE-PIECE SUMMER COAT.

This is a very dainty little model, cheap and easy to make. It can be made of the skirt material, or be in black taffetas (to wear over muslin and lace frocks, &c.).

The pattern is in one piece: half the coat. The diagram shows the pattern laid on 1½ yards 48-inch white serge, which is doubled in half (selvedges meeting), back centre laid along the fold. A 2-inch square gusset must be inserted in the angle under each arm for strength and appearance, and this gusset is marked out on the diagram.

Tack the double and single notch seam under the arm and try on. Insert the gusset; sew and press the seams. Cut the slit for belt on the waist line of the wearer. This slit must be protected beneath with lino, and be piped with white silk or satin. Protect the edge all round (neck included) with lino, and braid in white silk braid in an easy zig-zag design. Coat closes edge to edge on bust with a single silk button and braid loop.

If a cuff is preferred, the sleeve can be lengthened (to reach selvedges of the material, see diagram), and instead of braiding edge, gather into the smart cuff given with the Free Blouse Pattern. This cuff for a coat should be 1½ ins. looser (add ¾ inch up each side); it should be stiffened and braided.

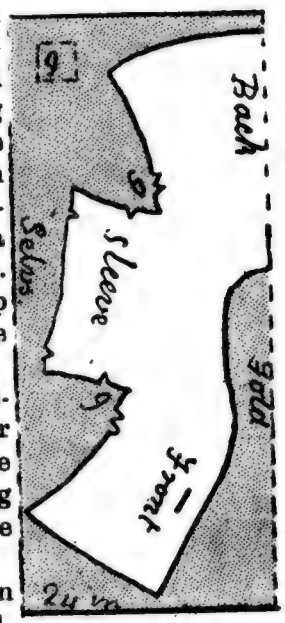

DIAGRAM OF COAT PATTERN.

This cuff arrangement is advisable for silk, though the blouse sleeve looks charming puffing below the loose sleeve.

If coat is made in single-width material, there must be a seam down back centre. Cover the seam with a strap simulating the pleat of a Norfolk coat, and pass the ribbon belt beneath the strap.

The belt should be of satin or silk ribbon, like the pipings and button.

Line the coat throughout with a thin white silk, its edges slipstitched to the turned coat edges. Anything prettier, smarter, and less heavy in the way of a summer coat could not be imagined.

GAUGED MUSLIN BLOUSE.

This is just the blouse, in soft white double-width muslin, to wear with our Free Skirt and Coat Patterns built in white serge.

The pattern is in three pieces—half the blouse (front, backs, sleeves, all in one piece), half the one-piece yoke lining, one cuff.

The diagram shows the pattern laid on 1½ yards 48-inch muslin. Insert a 2-inch gusset in the angle of the seam under the arm, and tack the rest of seam—single-notch sleeve and double-notch blouse.

The gusset is a 2-inch square (*without* turnings) of the material (marked out on diagram). Fit. The seams under arms are stitched and neatly felled. The blouse top is gathered evenly all round upon the yoke lining of Brussels net, front notches coinciding. A little frill finishes neck.

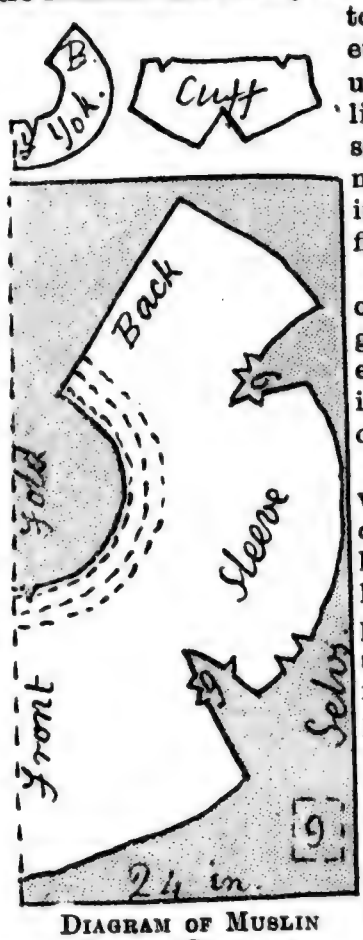

DIAGRAM OF MUSLIN BLOUSE PATTERN.

The lower edge of the sleeve is gathered into elbow cuff, which is seamed, and is of lace.

Should the wearer of this charming blouse have a neck too long for the pretty low yoke, she ought to make a transparent band collar and mount it on a habit shirt of Brussels net. On no account should a band collar be stitched to blouse.

GIRL'S ONE-PIECE BLOUSE.

The pattern, cut for a girl of ten, looks very well in white linen, with pleated linen skirt to match. Or it could be in white silk crêpe, with pleated skirt of white serge.

The pattern is in two pieces: half the blouse (front, backs, sleeves cut in one), one cuff. The diagram shows the pattern laid on 1⅓ yards 36-inch linen, the height of blouse taken from width of material. The linen is folded over, the front centre of pattern laid on fold. A two-inch square gusset is necessary, and this is marked out on material. A box-pleat at back covers the fastenings, cut with left back.

Tack the double notch and single notch seams under arm, and try on. Insert the gusset in angle under arm, sew and press seams. Pipe the neck and hem the lower edge, which can be drawn up with an elastic runner. Hem the right back and make cotton loops on the hem to receive Newey's Rustless (small) white hooks sewn beneath box-pleat. Add a Toby frill of pleated muslin or lace.

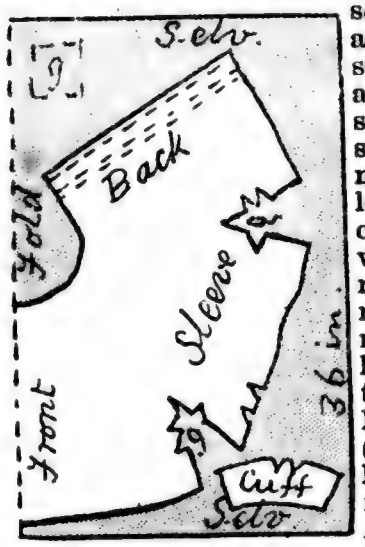

DIAGRAM OF GIRL'S BLOUSE PATTERN.

Gather sleeve into the seamed and lined cuff. A pleated muslin cuff can be added to match neck frill.

"The pattern was so beautifully cut that I had no trouble."—C. L. W.

OUR FOUR FREE PATTERNS.

No. 1.—NEW FOUR-GORE SKIRT.

No. 2.—SMART ONE-PIECE COAT.

No. 4.—GIRL'S ONE-PIECE BLOUSE.

No. 3.—GATHERED MUSLIN BLOUSE.

THE PATTERNS

FOR THESE

REMARKABLY ELEGANT

AND

UP-TO-DATE DESIGNS

ARE

PRESENTED FREE

WITH OUR

JULY SEASIDE AND HOLIDAY NUMBER.

For Descriptions, see Page 24.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE

By Mistress Anne Page.

THE CARE OF THE NECK.

CORRESPONDENTS in this and other journals frequently lament over the seemingly sudden loss of beauty in the neck and say:—"My throat is beginning to give me away as regards my age, though, thanks to following the admirable teaching contained in Mr. Mason's book called 'Face Massage: and the Care of the Complexion,' which I obtained free on sending a penny stamp to cover postage, to Mr. Mason, 25, Bank Plain, Norwich, my face is still quite young."

And it is not only English women who make this plaint; an eminent Parisian beauty doctor says:—"A woman's neck is often the source of much misery to her; it is so quickly damaged, becomes so discoloured from the wearing of linen collars, or by the dye of the material worn about the throat, and it is the first part of the body to show signs of age. It often occurs that one sees a visage remarkably fresh and juvenile in appearance surmounting a neck which, at the slightest turn of the head, will betray, by its protruding tendons, the inroads of age."

But a scrawny, thin, brown neck is not really always a record of years that have passed, for one can see it on many a young woman whose girlish face, devoid of anything in the shape of "make-up," or even powder, proclaims the fact that she is still quite young. Now a poor neck of this description is usually found where the art of deep breathing has not been acquired in childhood; on the other hand it will be noticed that a girl who has studied singing under the guidance of competent teachers, whose first lesson (sometimes extending over months) is on this art of correct breathing, usually has a lovely, white, smooth, graceful curved throat, with such a good carriage of the head.

The exercise of deep breathing has been described frequently in these pages, but for the benefit of new readers, and to remind our regular subscribers, it shall be taught once again, for it is essential to all who value health and beauty:—

The first thing in the morning, and as often during the day as possible, stand near an open window, or in an open space in the garden, with clothing so loose that it does not offer the slightest resistance, heels together, head erect, shoulders down, and mouth tightly closed, inhale through the nose, slowly and noiselessly, while six deliberate counts are made, in the head, as the children say. Hold this breath in the lungs while counting five, then exhale it evenly through the mouth to another count of six. Soon it will be possible to take much longer breaths than this, and after a few weeks of persistent practice, this correct method will become automatic, and the enormous benefit to women with narrow chests, thin necks, and delicate throats will soon be manifest.

(To be continued.)

No. 9254.—An Up-to-date Bathing Dress.

For Description see pages 31 to 35.

Price of Paper Patterns, 1s. 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

AN OVERBLOUSE AND SHIRT OF SERGE OR LINEN, AND A BLOUSE SUIT OF LINEN OR TUSSORE.

OUTDOOR SEASIDE GOWN.

No. 3.—AN ADAPTABLE OVERBLOUSE.
(Showing another version of Free Skirt Pattern.)

INDOOR OR OUTDOOR SEASIDE SUIT.

No. 1.—A NEW SKIRT FOR SERGE, LINEN, &c.
No. 2.—THE FASHIONABLE ONE-PIECE BLOUSE.

These Two Beautiful Seaside Frocks can be Cut from Three of the Four Free Patterns Presented with Our May Number.

No. 9255

No. 9256

No. 9257

No. 9258

No. 9259

No. 9260

ATTRACTIVE STYLES FOR SEA-SIDE WEAR.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Tucked Skirt, 1s. 0½d.; Skirts, Coat, Mantle, Blouses, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 9261

No. 9262

SEASIDE COSTUME WITH TWO-PIECE RUSSIAN COAT; FROCK OF EMBROIDERED CAMBRIC.

For Descriptions see Pages 31 to 35.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Skirt, Foundation Skirts, Coat, Blouse, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Cookery and Household Management.

HINTS ON JAM MAKING.

EVERY year, as the fruit season comes on, the subject of jam-making looms large on the household horizon. It is impossible to make a pronouncement on the relative values of home-made and bought jam which will meet all cases. There are excellencies on each side of the question; but when fruit is to be had for the picking, when time can be spared for the extra cooking, when there is storage rooms, and especially when the family is large and large quantities of jam and marmalade necessary, undoubtedly the balance hangs in favour of home-made jam. When fruit and all other materials have to be bought, and jam-making is not enjoyed by the cook, amateur or professional, when little jam is used, and there is not much room to store even a moderate supply, then, undoubtedly, the balance swings to the other side, and a really economical housewife knows that she will spend wisely and well in buying jam, from an irreproachable factory, through her grocer; buying just as she goes along; returning empty jars (which are always allowed for), and thus saving time, money, and storage space.

When it has been decided that home-made jam is to be made, proper preparations must be made and precautions taken. With this sensible start, success is sure. For the benefit of readers who want to make jam from the beginning, some very plain and simple directions will be helpful. First as to the fruit. It must be sound and ripe, and it must be dry. Neglect of any of these things means jam which will never be satisfactory, and which will not keep. Then care is needed in boiling, e.g., to see that the preserving-pan never rests directly on the fire. It must always, even when a close range or a gas or oil stove is used, be raised a little above the direct heat, either by standing on a small trivet or by adopting the old and homely expedient of crossing poker and tongs over the fire and balancing the pan on them.

The usual proportions in jam-making are ¾lb of sugar to 1lb of fruit; but if sweet jam is desired, or if fruit is especially sour, 1lb of sugar may be allowed.

Cooks differ as to whether to boil the fruit or the sugar first. I know cooks of great experience who stew all the fruit in a jar overnight, and add the sugar to it next morning, boiling the two together for twenty minutes only after boiling point is reached. Others, again, prefer to dissolve the sugar in a very little water (just what will "moisten the bottom of the pan") and then add the fruit. Again, where water is objected to (and frankly I think it impoverishes the jam), use fruit juice to dissolve the sugar, which is a much better plan. Where economy is an object—so frequently, alas, in these days—let me remind my readers that rhubarb juice, cheap and easy to manage, is excellent for this purpose. It will not give its own flavour to the jam, but will absorb the flavour of the fruit it is cooked with. Rhubarb, cut in small discs, may, indeed, be added to almost any kind of jam with the object of eking out quantities. One pound of rhubarb to every 3lb of other fruit will never be detected, if it is cut in very small dice; and to some fruits, e.g., black currants, it is a decided improvement.

All jam requires stirring and skimming, in my opinion, though I know many people differ from me on this subject. Stirring, however, must be, if judicious stirring, with a silver spoon; it will not spoil the jam by breaking up the fruit. Some folks put a five shilling piece into the preserving-pan, holding that its gyrations while boiling proceeds makes sufficient movement in the pan to prevent burning. I have not tried this experiment in my own kitchen, but the idea seems reasonable, and if successful, certainly will save both time and trouble.

Skimming is little needed when both fruit and sugar are of the best, but some little scum does rise, and this must be removed carefully, still, with a silver spoon (preferably a perforated silver ladle, which will retain the scum and yet allow the juice to return to the pan, thus saving much unnecessary waste).

Boiling must be as rapid as possible after the fruit is in, when the sugar has been boiled first, and it will be seen easily when the jam is really sufficiently cooked—for twenty minutes does not invariably boil it sufficiently—if a spoonful be put into a saucer and allowed to cool. If it sets quickly, the jam is ready for putting into pots. A very experienced cook, with whom I have an annual controversy on the subjects of jam-making, kindly hands me her experiences, or rather the result of them. She persists in boiling the fruit first, before adding the sugar, holding that it is the fruit and not the sugar which requires most cooking. To quote her verbatim:—"Boil strawberries thirty minutes after coming to the boil, with a spoonful of water to each 1lb of fruit, then add the sugar, let it dissolve, and boil ten minutes more. Boil raspberries fifteen minutes after coming to the boil before adding the sugar, and ten minutes after. Red currants and black currants five minutes after coming to the boil, add the sugar, and boil quickly for eight minutes. (All times should be calculated after boiling point is reached.) Damsons and other stone fruits should be boiled twenty minutes before and ten minutes after adding the sugar. Do not skim at all. Put in a piece of butter, about ½oz weight, just before boiling is finished, and you won't need to skim; the jam will clear itself. Have the jars very hot, pour the jam in hot, cover at once, and do not move the jars till they are cold. Fill them up full, wipe them well, and cover with brandy paper." I do not proceed on this plan myself, finding my pleasure (and my cook's, which is a more important matter!) in treading an old path familiar from my youth, and outlined at the beginning of this article. The fruit, with a little rhubarb or other fruit juice, is put in a covered pipkin into the oven overnight. Next morning the sugar, weighed out beforehand, is put into the pan, and a little of the fruit juice poured on to it. Then, when the sugar is dissolved and brought to boil, the fruit is put in, brought again to boil, boiled twenty minutes, and then put into pots. To have hot jam-pots for hot jam is almost a self-evident proposition one would imagine, though I have heard of a good lady, rich but "risen," who breathlessly asked a bride, whom she met for a hurried moment at an afternoon party, "My dear, are you 'appy? And be SURE to 'eat the jam-pots!" as if on that depended salvation. The convenient pause in the music which bestowed this priceless gem upon a convulsed company gave them entertainment which was hardly desired or deserved; but the bride to this day remembers the hot jam-pots, to the good keeping of her jam!

An economical recipe much depended upon by a valued correspondent runs thus:—To every pound of fruit allow 1 pint of water and 1lb of sugar. Boil the sugar and the water together till they are a syrup, then add the fruit, and boil for twenty minutes.

Some people wonder how much fruit to order to make a certain quantity of jam. I think 1lb of fruit and 1lb of sugar would make about 1¾lb of jam. I say "about" because soft and watery fruits lose more by evaporation than firmer kinds do. As a rule, three or four ounces weight in each pound is lost in cooking.

Covering jampots is often considered a long and tiresome task. Shall I confess sins of omission which have saved me much labour? Some jam which had had its brandy-paper neatly and nicely put over it, cut to proper size, neatly snipped round the edges, to ensure its lying closely and snugly over the jam and to make it fit the round inner side of the jars—an outer gum-paper was to have been added by myself, in a noble effort to put in my oar in an emergency. How or why one dozen pots were forgotten history does not say. We still are as divided in opinion as were the Crickets and the Kettle in the "Christmas Carol"; but the jam was found, after many days, still in its demi-toilette. It remained so. It never moulded (which some full-dress jam DID do), it was never dusty. The jam kept beautifully.

LETITIA HOPE.

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.

Descriptions of the Illustrations.

A Kimono Bathing Dress.

No. 9215, **Page 3.** The kimono blouse is in one piece, joined to the skirt with a braided band. Of grey alpaca, trimmed with black braid. Knickers to match. The blouse and skirt close in front with braided straps, closing with Newey's Rustless Hooks and "Neweye" bars. 46-inch alpaca, 6 yards.

Charming Lace Blouse.

No. 9216, **Page 3.** Closes at back. Wide flouncing forms fronts and backs, and lower part of front and back panels, also chief part of sleeve. Panel of sleeve, vest, and back panel are cut out of tucked lisse. Lace collar. Line whole blouse with Brussels net. Lovely model. It can be cut out of piece lace, if preferred, and looks very smart in broderie anglaise. It is a good model for printed muslin, to match a skirt.

Pretty Style for Foulard, Mousseline de Laine, &c.

No. 9217, **Page 6.** Five-gore skirt, edge tucked to flat pattern, top eased into waist. Very pretty blouse. Very pretty, also, for the new crêpe, white Shantung, &c. It is tucked on shoulder, back and front. Vest of lace. The fronts open, and edged with lace, are held by lace straps. Close on left. Lace collar, supported by bones. Shirt sleeve, with deep lace cuff. 36-inch fancy material, 10 yards.

New Style for Linen, Crepe, &c.

No. 9218, **Page 6.** Five-gore skirt, tablier lapped, decorated with buttons and false buttonholes of braid. Charming over-blouse—a back, a front (lapped), with kimono sides cut with little sleeve. Blouse closes on left. Decorate like skirt. Under-slip of Brussels net, holding lower sleeve and yoke of lace. 36-inch linen, 8 yards.

No. 9263.—Black-and-White Foulard Blouse.

For Descriptions see Pages 31 *to* 35.

Price of Paper Pattern, 6½*d., post free, of* Madame Myra, *10 and* 11, *Fetter Lane, E.C.*

Smart Shantung Coat and Skirt.

No. 9219, **Page 6.** Very nice model also for soft-finish linen or summer serge, &c. Simple straight skirt braided (self colour) to simulate an added foot band. Pretty little straight coat similarly braided. Line with printed foulard. Face roll collar with black satin. Added *lingerie* collar in new style. 36-inch Shantung, 10 yards.

One-Piece Foulard Blouse.

No. 9220, **Page 7.** Pattern in one piece: half the blouse; cut length from width of material. Blouse reaches waist only, gathered into a band. Pleated Toby frill. Hem sleeves with velvet matching spot. Velvet bows. 36-inch foulard, 1¾ yards. Close at back.

One-Piece Lace Blouse.

No. 9221, **Page 7.** Pattern in three pieces: one half the blouse, one cuff, half the yoke collar. Yoke is lapped on low lace neck, and sleeve is drawn into cuff. Band of satin is passed through worked slots front and back and tied in a bow. Reaches waist only. 27-inch lace, 2 yards. Collar and yoke are made up of Valenciennes.

Charming Linen Frock.

No. 9222, **Page 7.** Five-gore skirt, with lapped seam. One-piece blouse, closing at back, decorated with lace insertions and medallions. Toby frill of lace. Sleeve is drawn into a lace cuff edged with a frill. 36-inch linen, 9 yards. For the linen, send to Robinson and Cleaver, 40a, Donegall Place, Belfast.

A White Linen Coat and Skirt.

No. 9223, **Page 8.** The skirt is prettily pleated (pleats wheelmarked on pattern). The coat is semi-fitting, drawn into the waist with straps of linen smartly braided. The whole costume is unlined. The cuffs and collar are of braided linen. 36-inch linen required, 9 yards.

A Pretty Cotton or Foulard Gown.

No. 9224, **Page 9.** The foundation skirt is edged with a pleating of the spotted material. Dainty pointed tunic of the spotted

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Irish Linen
World renowned for quality and price

SALE OF IRISH LINEN.
Prior to stock-taking, we are holding our SUMMER SALE, when all factory accumulations will be sold at very low prices.

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in our well-known designs, including some but lately off the looms. Odd lots of Sheets, Pillow Cases, Towels, etc.

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Our noted qualities and makes at reduced prices.

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P. & P. SERGES

Smart, Fashionable, Exclusive. Equally suitable for most stylish costume, child's frock, or boy's suit. Most perfect fabrics ever produced. Distinctively graceful for the lady, as durable as fustian for the child. Stand in a class to themselves; so different and superior as to be a revelation when compared with ordinary dress serges.

PURE WOOL. FAST DYE. UNSHRINKABLE.

Our serges are Worsted Coatings, treated like the most expensive Gentlemen's Suitings. High grade, will please the most fastidious. Low price, within the reach of the most slender purse. Every length guaranteed. We are experts, and SPECIALIZE in Serges. Offer best value, and greatest satisfaction in wear. Our patterns are sent free, and CAN BE KEPT. They will convince you.

PARR & PEEL, 56, Sunbridge Road, Bradford.

GREY HAIR.

In issuing the Annual Edition of his Revised Toilet List, the twelfth of the series, Mr. Mason calls the attention of all those whose hair shows signs of becoming grey to the undoubted advantages offered by the combined use of his Jaborandi Hair Tonic and Petrolate of Sulphur. Used at the first appearance of greyness, these two preparations rarely fail to stop its advance and to restore the hair to its natural colour. Even where greyness is becoming quite pronounced, in the majority of cases the natural colour can be restored by the same means, provided that a due allowance of patience and perseverance be exercised. These two invaluable preparations are also equally effective for promoting and strengthening the growth of the hair and for stopping its fall. To keep the hair and scalp in a healthy condition, to prevent scurf, to encourage a strong growth of hair, and to prevent excessive fall and greyness the frequent application of the Jaborandi Hair Tonic alone is recommended with the greatest confidence. Where, however, there is already a considerable weakening and loss of hair, or where greyness is becoming pronounced, the combined use of the two preparations is followed by more speedy and certain results.

For the distressing greasiness of the hair, which is such a great trouble to many and which makes it difficult to dress and arrange the hair effectively, Mr. Mason is able to unreservedly recommend his Jansia Dry Shampoo. This Powder has now been in use amongst his clients for two years and its success has been most gratifying, for it not only thoroughly cleanses the hair, but permanently reduces the excessive greasiness and in many cases completely removes it, at the same time making the hair beautifully bright and glossy, and causing it to stand out more and the coils to look richer and fuller.

For further particulars of these and others of his Preparations see Mr. Mason's advertisement on page 4 of this magazine.

No. 9264. — Girl's Serge Dress.

For Description see Pages 31 to 35.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

fabric, hemmed with a bias band of the material. One-piece blouse, tucked front and back (tucks wheel-marked), neck strapped with plain cotton or foulard. Sleeve is drawn into a cuff of the plain material. Belt of the plain material. Separate chemisette of folded lisse, folded to flat pattern. Blouse is drawn into a waistband. 36-inch material, 9 yards.

A Little Frock of Nainsook and Embroidery.

No. 9225, Page 10. The sketch shows a very simple but pretty little garment for the tiny child of four. At the very outside, two yards of nainsook would be needed; the flounce would take two and a half yards of fine pretty embroidery, and probably two and three-quarter yards of narrow insertion will outline the yoke and trim the sleeves. If the tucks are too troublesome to make, an extra insertion of embroidery should be used instead. The tucks to the bodice will look best if they are run by hand, but very nice tucked material can be bought ready-made. The insertion and the flounce must be "whipped" into place, for the very success of these white frocks depends upon the delicacy with which they are put together. Lengths of muslin and the lace and insertion may be bought very cheaply at sales, while those who like original work will embroider the yokes of these small frocks, and powder a few sprigs down either side of the embroidery on the sleeves. Children's frocks at this age vary little in fashion, but the demand for finer work, and for more delicate embroidery increases every day.

Girl's Pretty Suit of Linen.

No. 9226, Page 10. Little coats to be worn with jumpers or frocks look extremely nice when made of good linen in a soft blue, green, or deep ivory colour. Some small girls can wear the bright tobacco-brown shade, whilst a light Parma Violet tone suits others. These small linen suits have something so fresh, simple, and practical about them that they always repay us for the trouble expended in making the neat seams. Many people have an aversion to a breast seam, supposing that it adds unnecessary difficulty; but, as a matter of fact, this is not the case. It is, however, quite easy to make a little coat with two straight fronts and a back, leaving the seams undone up each side, so as to allow freedom of movement. Estimates of how much material will be used can only be approximate, for one person will use up half a yard more than another by cutting injudiciously, and where the economist will join on a little corner to avoid extravagance, the lavish lady will ignore such plans and contrivances. For a child of six years about three and a half yards of 36-inch linen will be required; but it must be remembered how much children vary in size, and the pattern must be tested before the material is touched. The skirt is straight and is set in plain pleats all round the back; it can either be set on to a band of linen, or a small jumper bodice may be attached; but if this has to be made, then an extra bit of linen must be provided. The making is simple enough, the front seam is lapped and stitched, the under seam is plainly stitched and oversewn, and the hem is turned back with a band of cross-cut material. The pockets are stitched on like patches; there is no linen collar, but a small outside collar of lace-edged embroidered muslin finishes off the neck in a very pretty manner.

Simple Frock for a Country Garden Party.

No. 9227, Page 10. Here is a muslin frock for a little girl of seven or eight years, which is just the thing for a bridesmaid's frock at a country wedding or a garden party or *fête* frock. The hem of the skirt is trimmed with two lace-edged frills, and the upper frill is attached to the row of underlinen seen just above. The

No. 9265.—Little Girl's Blouse Frock.

For Descriptions see Pages 30 to 35.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 9266 No. 9267 No. 9268

SEASIDE SUITS FOR BOYS; GIRL'S OVERALL.

For Description see Pages 31 to 35.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.

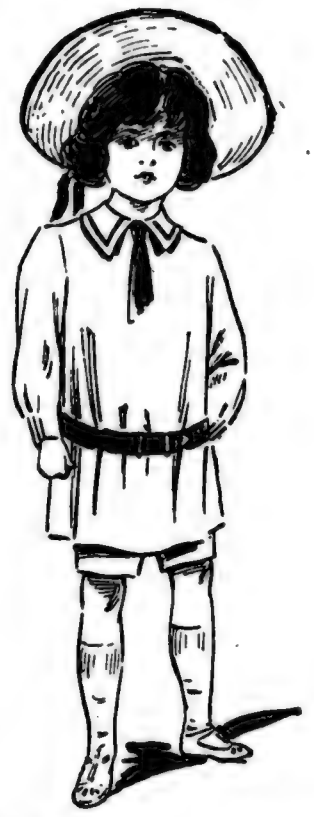
somewhat short waist is marked by an embroidery beading, about an inch and a half deep, through which a satin ribbon is run. The sleeves are short puffs, with an embroidery band at the base; but, of course, if preferred, quite long cuffs of insertion may be added, bringing the length of the sleeve to just above the wrist. Roughly speaking, it would take four and a half yards of spot muslin to make the frock, from twelve to fourteen yards of lace for the trimming, together with six and a quarter yards of insertion. The beading for the waist would be about three-quarters of a yard long. The child wears a Dutch bonnet of muslin and lace which has a graduated frill set on all round the crown with an insertion; a ribbon is threaded through it and long ends hang down the back. This frock could be worn over a coloured silk foundation, and a faint colour gives a very pretty effect. Either fine mercerised lawn or washing silk will serve the purpose best, but no foundation is required if the scheme is to be all white, with merely the colour introduced by the ribbon. Plain book muslin is as pretty as spot, and at a good many weddings the child-bridesmaids have worn these dainty little over-dresses carried out in good Breton net.

Coat and Skirt in Black-and-white Stripes.

No. 9228, **Page 11.** Good model for tweed, alpaca, linen. Skirt is in five gores, with lapped seams, unlined. Smart coat. Back and added fronts are full length on straight with lapped seams. Two sides of coat, each side, are on cross. Two gores of basques on each side are on straight, stripes joining in V points. A belt with horizontal stripes passes under lapped seams of back and front. Face fronts with the material. Face collar with the material, stripes meeting in V points at back. Grey horn buttons. Very smart model. Two-piece sleeve on straight. 48-inch material, 7 yards.

A Mauve Linen Coat-and-Skirt.

No. 9229, **Page 11.** The lapped seam tablier is full length, joined as invisibly as possible to the band, which covers junction of kilted flounce to the two short sides and two backs of skirt. Dainty belted coat. To the waist there is a lapped seam back and front on each side, simulating a tuck. This tuck is omitted on left front below waist, this being the opening. The coat has full length fitted sides, but the front and back basques are added beneath a linen belt. Face double-breasted fronts with linen. Collar of kilted muslin. Two-piece sleeve. 36-inch linen, 10 yards.



No. 9269. — Boy's Tunic Overall.

For Descriptions see Pages 31 to 35.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

A Muslin and Broderie Blouse.

No. 9230, **Page 13.** Yoke, cut with the front, panel is of broderie. Full back and fronts of muslin. Full sleeve with deep cuff, trimmed with broderie. Very simple but charming model. A small collar band holds the linen collar. Black satin tie and belt. 29-inch muslin, 3 yards.

Full Muslin Blouse.

No. 9231, **Page 13.** Full front and backs are shaped with straps of broderie. The shoulder strap continues down full sleeves. Collar and cuffs made up of the insertion. Very simple but effective design. 36-inch muslin, 3½ yards.

Dainty Frock of Grey Linen.

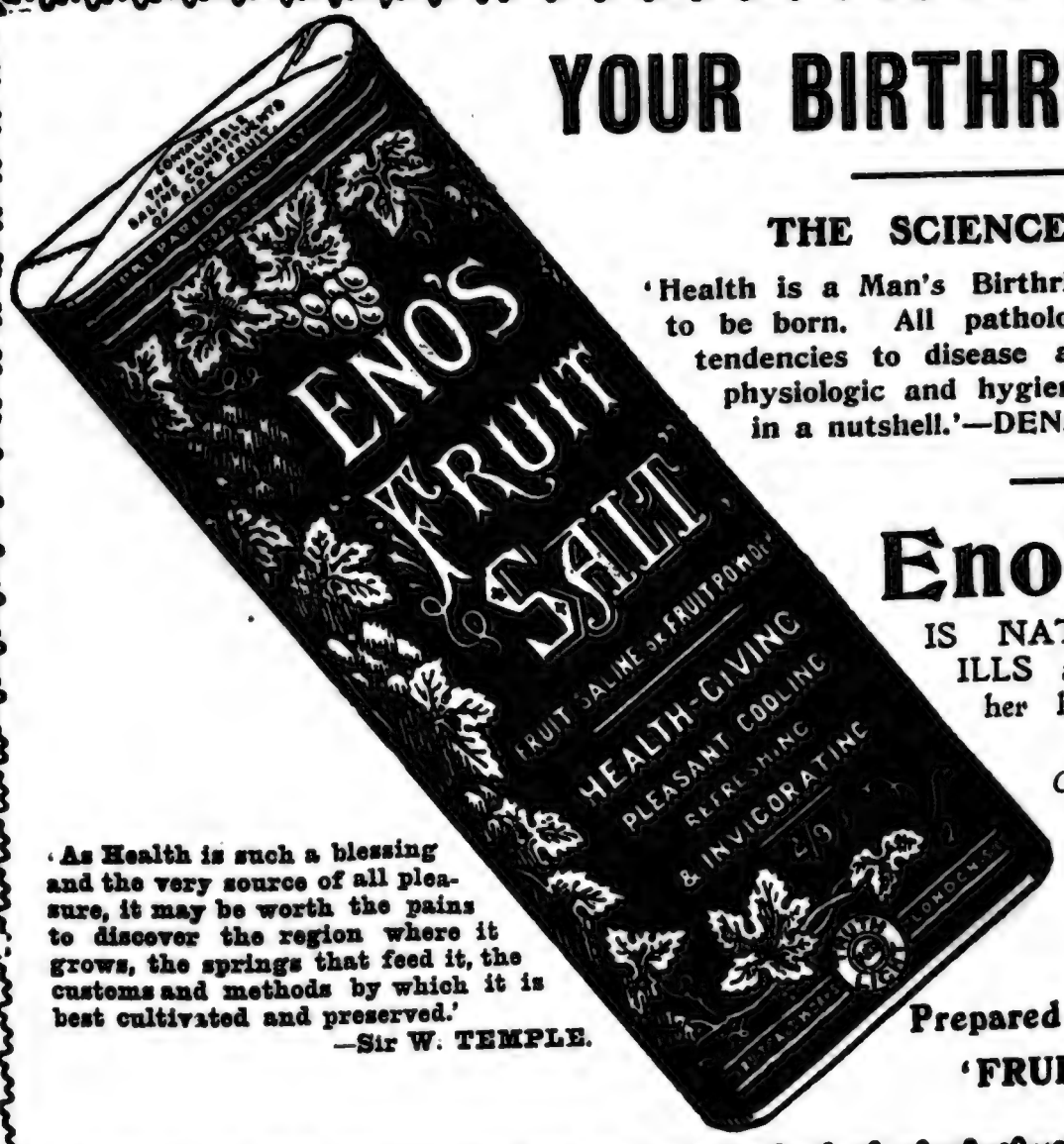
No. 9232, **Page 13.** The slightly eased scanty skirt has a plain tablier with lapped seams. Lace-trimmed sides and back. Beautiful blouse, closing at back, a tuck imitating added panel in front. Low-necked. Smart decoration of lace. Grey buttons and false buttonholes trim skirt panel and blouse. Sleeves are cut with blouse. If material is very narrow, front panel can be added. A chemisette and collar of tucked muslin fills in open neck. Very beautiful model. 38-inch linen, 8 yards.

Dainty Bolero Blouse.

No. 9236, **Page 16.** Good model for table d'hote, &c. One-piece bolero of pale chiné Orientel, strapped with black satin. Black buttons. This is worn over a Brussels net slip, with lace yoke and sleeves added. Broad satin belt supported with bones. Wear with black skirt. One yard square handkerchief will cut the bolero.

An Embroidered One-Piece Blouse.

No. 9237, **Page 16.** Very pretty model, for muslin, soft-finish linen or silk crepe, embroidered with chrysanthemums. The em-



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IS NATURE'S ANTIDOTE FOR HUMAN ILLS arising from the neglect or violation of her laws.

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—Sir W. TEMPLE.

Prepared only by J. C. ENO, Limited,
'FRUIT SALT' WORKS, LONDON, S.E.

No. 9270. — Girl's Seaside Coat.

For Descriptions see Pages 31 to 35.

Price of Paper Pattern, 1s. 0½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

broidery design is made up of detachable sprays which can be cut up, tacked on material where preferred, the embroidery being worked over the transfer, the paper being torn away when the work is finished. The neck and cuffs are finished with frills of pleated lisse or lace. 36-inch material required, 2 yards.

Seaside Frock of Spotted Cotton or Foulard.

No. 9238, Page 16. Princess dress, made up of blouse and skirt, with Princess front panel. Eased skirt is drawn into a shaped foot band. Blouse has fronts and backs full, stitched to skirt beneath a belt passing under Princess front panel. Lace frill. Bow matching darker spot. One-piece sleeve with cuff. Foulard is piped with satin matching bow. 22-inch foulard, 10 yards.

A Black-and-white Cambric Frock.

No. 9239, Page 16. New straight skirt, cut in five gores, to keep stripes on straight. Trim with broderie Vandykes and a cross-cut stripe band.. Smart one-piece blouse with broderie frill. The sleeve drawn into a cross-cut cuff. Low neck is filled in with yoke made up of Valenciennes insertion. Under-sleeve to match. 36-inch cambric, 8 yards.

A White Serge Coat and Skirt.

No. 9240, Page 17. Elegant 7-gore skirt, with lapped seams. Each breadth is short, filled in with a foot panel joined with lapped seams before the full length seams are made. This foot panel is much narrower in front than at back. White silk buttons. Dainty coat, full-length front and back centres cut in one with added basques. The seams joining short sides to the fronts, back, and basques are lapped. Face coat fronts with white satin. Collar of serge, with smaller collar of lace. White satin waistcoat. Two-piece sleeve. Line coat with white satin. 48-inch serge, 7 yards.

A Lovely Muslin Frock.

No. 9241, Page 17. The silk foundation skirt is veiled with muslin, seamed and hemmed apart. Muslin tunic weighted and finished with a draped band of broderie, held up on left by a loop of black satin ribbon. Black belt. Lovely blouse. Backs and fronts of muslin, open to show back and front panels of broderie. Three-quarter sleeve with broderie cuff. Kilted muslin frill and folded muslin collar band. White crinoline hat. Shaded purple roses. 44-inch muslin, 7 yards.

White Serge Coat and Skirt.

No. 9242, Page 18. Smart yachting costume. The skirt is pleated in large box pleats (pleats wheelmarked on pattern). Pretty coat with smartly arranged basques. The long roll collar is faced with spotted blue and white foulard. Line coat with the foulard. 48-inch serge, 8 yards.

Sea-side Dress of Butcher-blue Shantung.

No. 9243, Page 18. The dress is cut princess, the front panel reaching feet. Sides and backs are shorter, filled in with a deep kilting. Sleeve is folded to flat pattern to match skirt. Collar, vest, and cuff band of "natural" shantung. 36-inch blue material, 8 yards.

Smart Linen or Shantung Coat and Skirt.

No. 9244, Page 19. Pretty seven-gore skirt with lapped seams. Laps (but no turnings) are given in pattern. Close in left tablier seam. Very smart coat, inset with yak lace of the linen colour. Looks well in the "natural" tussore shade. This, with black tie, hat, belt, and gloves, would suffice for half mourning. During mourning, black lisse could be laid beneath the transparent lace. The linen is mounted with lapped seams on the lace insertion front and back. Single-breasted fronts, faced linen, closing Chesterfield style, with button holes made in right facing. The roll-collar is faced with linen. Two-piece sleeve, with band of lace. The lace is transparent. Very smart model. The skirt hangs straight and scanty, new style.

Lovely Frock of Plain and Figured Cotton or Foulard.

No. 9245, Page 19. The skirt pattern is in two pieces: half the full top (to be cut in figured mauve and white cotton), half the shaped foot band (to be cut in mauve cotton). Lay the pattern of full upper skirt on four yards figured 29-inch material, and the shaped foot band on two yards 29-inch plain material. Seam up breadths on the straight (selvedges) until you have enough for top and foot band. Belt of mauve satin. The blouse has a kimona yoke (cut with upper sleeves) of the plain material, with full front and backs of the figured fabric. Under sleeves of the figured material. Trim yoke and sleeves with buttons. Collar and cuffs of broderie. Little chemisette of tucked muslin. Mauve satin tie. Hat of mauve and white silk, with white roses. 29-inch material, figured 2¾ yards, plain 1½ yards.

A Morning Indoor Frock.

No. 9246, Page 20. Pretty model for white linen or silk. Four-gore skirt, closing in front, a little to left, with lapped seam. Stitched hem. Smart blouse, back and two fronts, tucked on shoulder. Close a little to left. Linen buttons and false buttonholes. Blouse closes a little to left with Newey's Rustless Spring Hooks. The band collar supports the French collar of lace, embroidered with mauve cotton. Mauve silk tie. Original one-piece sleeve drawn in at elbow. 36-inch linen, 8 yards.

An Afternoon Indoor Frock.

No. 9247, Page 20. Smart slender trained skirt of silk face cashmere, front panel embroidered or braided. Pretty bodice, fronts, backs, and over-sleeves embroidered. Tucked vest and

Nos. 9271 & 9272 Nos. 9273 & 9274

Nos. 9275 & 9276 Nos. 9277 & 9278

Smartening Details for the Seaside Outfit.

For Description see Pages 31 to 35.

Price of Paper Patterns, No. 9277, 6½*d.; the other models, each* 3½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

"Your patterns are all so well cut, it is always a pleasure to use them."—C. L. G.

under-sleeves of white lisse. Tie of velvet. 46-inch cashmere required, 6 yards.

Smart Frock of Plain and Figured Foulard or Muslin.

No. 9248, Tucked skirt—sides and
Page 21. backs of figured material, tucks wheel-marked on pattern. This is arranged, beneath lace, into a tablier of the plain material cut in one with foot band. Sides, back, and front of blouse of figured material, cut in one with sleeves, tucked on shoulder (tucks wheelmarked). Back and front panels of plain material. Square neck. Trim with lace. Under-sleeve of plain muslin, very full, drawn up with lace. 44-inch figured muslin, 5 yards; plain, 3 yards.

Smart Frock of Serge, Shantung, Linen, &c.

No. 9249, Pleated skirt (pleats
Page 21. wheelmarked), trimmed with two tucks (added double bias bands), hung on a fitted top, which is veiled with the embroidered tunic. Tucked blouse (tucks wheelmarked) arranged into a three-piece embroidered yoke. Neck is cut low, and is filled in with a lace chemisette. One-piece sleeve with embroidered cuff. 36-inch material, 10 yards.

Garden Party Frock of Printed Foulard or Muslin.

No. 9250, The skirt—which can
Page 22. be cut short or trained—has an added shaped flounce, a piping of satin (matching darker pattern) inserted in seam. One-piece blouse closing at back, strapped very smartly with the plain material. Under-sleeve and chemisette of lace. The low neck is filled in with a tucked crepe yoke with band collar. 44-inch material, 6 yards

Pretty Muslin or Foulard Frock.

No. 9251, The skirt is drawn in
Page 22. below knee with a cord. Train can be omitted without spoiling effect. Pretty blouse, tucked on shoulder (tucks wheelmarked). Tight long sleeves. The low neck is decorated with a collar cut out of tucked muslin. Sleeve wrist is decorated with an inserted tucked cuff panel. Chemisette of lace. 44-inch material, 6 yards.

Pleated Muslin or Cotton Frock.

No. 9252, Pleated skirt (pleats
Page 23. wheelmarked on pattern), trimmed with a ¾-tablier, cut in one with pleated flounce to represent a tunic, of broderie (pattern of half the broderie is given). Mount broderie on skirt before pleating, and leave flounce loose from top edge. Smart box-pleated blouse, decorated with a band of broderie passed under pleats. One-piece sleeve. Broderie cuffs and collar. 36-inch material, 10 yards.

Spotted Muslin or Cotton Frock.

No. 9253, The eased skirt is
Page 23. trimmed with lace insertion and a lace flounce to represent a separate tunic. Pretty tucked one-piece blouse (tucks wheelmarked on pattern) strapped with lace. Black satin belt and tie. Lace frills at neck and wrist. 36-inch muslin, 8 yards.

An Up-to-Date Serge Bathing Dress.

No. 9254, Tunic is made on the
Page 26. principle of a blouse suit—a front centre panel, full length, a two-piece skirt and three-piece blouse (finished with silk belt) all stitched together. Fasten on left side. Strap with silk and decorate with wood buttons covered with silk. Small bell sleeves to match. Two-piece knickers, drawn up in a runner at waist and knees. 48-inch serge, 6 yards.

This lovely gown—Drawn-in Skirt and new One-Piece Blouse—was built from Two of the Four Free Patterns presented with Our June Number.

A Grey Linen Costume.

No. 9255, Straight skirt and on
Page 28. piece blouse with lapp fronts, scalloped and bound with bla silk. Pleated Toby frill. White cu scalloped and bound. 36-inch linen yards.

Braided Cashmere Gown.

No. 9256, Straight skirt and on
Page 28. piece blouse; button left. Edge of skirt and lower part blouse richly braided. Chemisette a under-sleeve of tucked silk musl 46-inch cashmere, 5 yards.

Matron's Coat and Skirt.

No. 9257, Coat is fitted very neat
Page 28. by cutting basques one with front centres. Lapped seam Skirt laps on left. Collar of striped si Cord and button brandenburghs tri coat and skirt. 36-inch purple sha tung, 12 yards.

Seaside Coat and Skirt.

No. 9258, Good model for serg
Page 28. Seams of skirt tabli and of the back and fronts of coat a lapped. Leather belt. Coat closes wi two buttons and buttonholes. 48-in serge, 6 yards.

Pretty Linen Frock.

No. 9259, Skirt is of original cu
Page 28. with tucked flounc Blouse is tucked into a yoke cut wi sleeves. Braided low neck and be Lower sleeve and yoke cut from tuck muslin. 36-inch linen, 8 yards.

Matron's Lace Wrap.

No. 9260, Very cool and ligh
Page 28. lined black chiffo Chiffon frills at edge and sleev Collar and cuffs of black satin. 2 inch lace net, 5 yards.

Russian Seaside Costume.

No. 9261, Pleated skirt of bl
Page 29. serge (pleats whe marked on pattern). Pretty Russi coat, in two pieces: half back, one slee and one front cut in one. Strap ba seam to look like a box-pleat. Collar striped blue and white silk. Coat lined with white polonaise. The slee has a striped cuff. Belt of blue sat passed under box-pleat. This dre looks well in half-mourning grey serg black-and-white silk, and black sat belt. Leghorn hat with satin drape 48-inch serge, 7 yards.

Black-and-White Cambric Frock.

No. 9262, The cambric foundati
Page 29. skirt has a flounce broderie worked up with black. T tunic is of embroidered cambric. T blouse is also of broderie, the edg scalloped and worked in buttonho stitch. Chemisette and collar of la headed by a band of black satin. Bla satin waist belt. Hat of black crin line with mauve roses.

A Black-and-White Foulard Blouse.

No. 9263, One-piece blouse read
Page 31. ing waist—black, wi white rings. Low neck, edged whi lace. Chemisette of white net. Cu of lace. 26-inch foulard, 1½ yards.

Girl's Serge Dress.

No. 9264, Front is cut with lo
Page 32. necked yoke, braided edge. Skirt and bodice in one, gather to fit waist. Tuck skirt to flat patter Long sleeve with braided cuff. Chem sette of silk and lace. 48-inch serge f a girl of ten, 4 yards.

Little Girl's Blouse Frock.

No. 9265, Pretty little model
Page 32. white soft-finish lin

"The dress you have suggested is just exactly what I wanted."—L. O'S.

No. 9279.—"ADAPTABLE" GOWN FOR THE VISITING OUTFIT.

For Description see this page.

Price of Paper Patterns, Skirt, Foundation Skirt, Blouse, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

with tuck on each side (back and front). One-piece sleeve. Collar and cuffs of blue linen. Blue tie. Vest of tucked muslin. 36-inch linen for a girl of five, 2¼ yards.

Boy's Linen Tunic.

No. 9266, **Page 32.** Double-breasted, closing on right. Cuff, left front, and collar are scalloped and worked. Pearl buttons; leather belt. 36-inch linen for a boy of two, 1½ yards.

Boy's Tunic Suit.

No. 9267, **Page 32.** Pleated tunic and knickers, of blue linen, tunic closing on left of central box-pleat. Back and front each in one piece, front slit for an opening. One-piece sleeve with cuff-band. Detachable lawn collar. 36-inch linen for a boy of five, 2½ yards.

Girl's Overall.

No. 9268, **Page 32.** Tucked back and front into a three-piece yoke. Close at back. Tucks wheelmarked. Lower edge is tucked to flat pattern. Edge collar and cuff with Cash's Frilling. One-piece sleeve. 36-inch linen for a girl of five, 2¼ yards.

Boy's Tunic Overall.

No. 9269, **Page 33.** This pretty model is of tussore linen (send to Robinson and Cleaver, 40B, Donegall Place, Belfast, for patterns). The pattern, cut for a boy of two or three, is in four pieces: half the front, half the back, one sleeve (tucked to fit wrist), half the collar. The back is slit for an opening. Six small tucks fit the sleeve to wrist. Lay the pattern on 1¾ yards 36-inch linen, which is doubled in half (selvedges meeting), back and front centres laid along the fold, so that each is cut in one piece, sleeve and collar being cut in duplicate. Back slit is finished with false hems, and hooks invisibly, the hemmed (or double) collar being open back as well as front. Lower edge is simply hemmed. Tuck the sleeves. Sew seam, leaving lower part open (hemmed) for an opening, which is closed with hooks and worked loops.

Girl's Seaside Coat.

No. 9270, **Page 34.** Smart model of white serge, closing on left, edged white silk braid. Front can be open or closed. Face fronts with braided serge. One-piece sleeve with braided cuff. White serge buttons. For a girl of fourteen, 48-inch serge, 6 yards.

Smartening Details for the Sea-side Outfit.

Nos. 9271 to 9278, **Page 34.** No. 9271. Pretty Toby frill collar of lace, with jabot to match. For blouses. No. 9272, tucked band collar of net, supported with bones, with lace tie. No. 9273, tucked muslin collar with muslin stock collar, trimmed lace. Jabot of muslin and lace. No. 9274, Peter Pan collar of broderie. No. 9275, Peter Pan collar of spotted muslin and lace lying on a pleated lace-edge Toby frill. No. 9276, band collar and jabot of broderie. No. 9277, lace blouse to wear with a corselet skirt, closing at back. Peter Pan collar and cuffs of tucked muslin and lace. No. 9278, band collar made up of a lace tie and tucked muslin.

"Adaptable" Gown for the Visiting Outfit.

No. 9279, **Page 36.** Of Oriental satin or voile. The original tablier is closely embroidered with fine silk braid. Pleated blouse, with braided panel on pleatings of silk. Short sleeve, braided, with silk elbow puff, of the same silk as the panel pleatings. Detachable yoke and lower sleeve, to adapt the dress for day wear. 48-inch material, 6 yards.

Elegant Dressing or Breakfast Gown.

No. 9280, **Page 37.** Of cashmere, double-breasted, right front draped across to left. Two double-breasted fronts, two backs, two sides. Graceful full sleeves. Roll collar and cuff faced with braided silk to match. Tassels tip sleeves. Excellent model. 46-48-inch material, 6 yards.

Serge or Shantung Top-coat.

No. 9281, **Page 40.** Unlined except for facing fronts and reefer collar with the material. Single-breasted, semi-fitting. Two-piece sleeve with buttoned cuff. Large pearl buttons close coat. 36-inch Shantung, 7 yards.

"'Myra's Journal' is a splendid paper."—Mrs. J. W

Employment Bureau.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped addressed envelope.

TO BE ANSWERED in these columns in the next number, letters must reach the office on or before the 25th of the month.

NOTICE.—Letters for any department *except* Employments are *not* to be sent to Miss Winifred Jones, who does not and cannot undertake to forward such communications. Letters for the "Free Bargains" and "Dressmakers" columns must be addressed to "The Editor." Notices for the Register must be clearly written on a separate sheet of paper. Postcards must not be used.

FREE REGISTER.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

No. 781.—Fine needlework, lamp shades covered, upholstering, loose covers, &c. Renovations and alterations undertaken by day or week at ladies' houses. Good references. (N.)

No. 764.—Experienced ladies' and children's dressmaker. To self-measurements. Costumes from 10s. 6d.; shirt blouses, 3s. Fancy blouses from 4s. 6d. Renovations. Highest testimonials. Ladies' own materials.

No. 773.—Coats and skirts from 11s. 6d. Blouses, embroidered or plain. Day dresses from 12s. 6d. At ladies' houses, 3s. day. Recommended. (St. John's Wood.)

No. 768.—Smocking and all kinds of children's dainty and artistic garments. Boy's tunic suits. Fine hand-made layettes and shortening suits. Smocks from 3s. 6d. Highly recommended.

No. 774.—Spanish lace crochet. Cake doyleys from 9d. Tray cloths 1s. 3d. Table centres 1s. 9d. Duchess sets 4s.

No. 755.—Ladies' and children's dressmaker. All kinds of renovations. Costumes from 12s. 6d., shirt blouses from 3s. 6d., fancy blouses from 5s. 6d., children's frocks from 3s. 6d. (S.W.)

No. 771.—Blouses. Varied designs and materials. From 2s. to 6s. each. Ready to put on. Blouse sets in Honiton and Irish point. Sent on approval. From 5s.

No. 770.—Smocking. Lady makes children's dainty smocks or embroidered dresses from 3s. 6d. Ladies' own materials. Best work. Highest testimonials. (Birmingham.)

No. 779.—Fancywork, embroidery. Ladies' work started (if materials sent) from 1s. and postage; embroidery questions answered by post, 6d. P.O. and stamped envelope; small samples for shading, 1s. and postage, or 6d. if materials are sent. Bazaar parcels a speciality.

No. 777.—Hand-made lingerie a speciality. Fancy work of all kinds. Renovations, blouses, dressmaking at home or ladies' houses. Highly recommended. Town or country. Fare. (Liverpool.)

No. 692.—Dainty hand-made lingerie at moderate prices. Night-dresses and camisoles a speciality. Orders solicited.

No. 759.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charge. (Tonbridge.)

No. 783.—Costumes to order. Ladies' own materials made up. Blouses and children's dresses from 2s. 6d. (Hove.)

No. 784.—Ladies' blouses and children's summer frocks made from 1s. 3d. each, or, including materials, from 3s. to 5s. (Acton, W.)

No. 785.—Lady has bedroom to let in her flat to lady engaged during the day. References exchanged. (Marylebone, W.)

No. 786.—Bedroom, furnished or unfurnished, to lady or two friends. 5s. weekly for one, 8s. for two. Board optional. Someone engaged during the day preferred. (Near Putney Station, High Street.)

No. 787.—Thorough dressmaker requires re-engagements at ladies' residences in Western counties. Costumes, day and morning dresses, dainty blouses. Remodelling; children's things. Furniture covers, &c. Highly recommended. 12s. 6d. weekly and fare.

No. 788.—Knitting, hand or machine; netting crochet. Shawls and fascinators a speciality. Specimens sent.

No. 789.—Ladies' high-class blouses, dresses, &c. Hand or machine made to order. Shirt blouses from 2s. 6d. Hand tucked blouses from 3s. West End experience. (Fulham.)

No. 9280.—An Elegant Breakfast Gown.

For Description see Pages 31 to 36.

Price of Paper Pattern, 1s. 0½d., post free, from Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 790.—Lady wanted to share nice home with others at Hastings, 10s. Weekly and morning assistance. References exchanged.

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Notice.—Will Mrs. Dixon (New Barnet) kindly write again, as her notice was not inserted, by a printer's error?

Needlework (M. A. B.).—I am very sorry to hear of your serious illness, as I know by bitter experience how weak and ailing one feels after such a trying time. I hope you will be able to follow my advice, as you say you will. I think you should be able to do something of the kind, as the demand is steady for really first-class work. Many thanks for all the nice things you say. It is a real pleasure to me to be of service.

Paying Guest Wanted (S. H.).—I have put a notice in for you, and hope you may meet with someone suitable. I notice you are a small family, and have one bed-room to spare, and would like a lady, engaged during the day, to share your home. You are in a convenient position, and not far from the various modes of transit in London. You did not state anything about price, but I presume your charges will be strictly moderate, from 15s. to 20s. It is useless to ask more.

Dressmaker (M. H. V., Hove).—I have inserted your notice, and I remember you quite well as a correspondent.

Dressmaker by the Week (G. S.).—I have put in your new notice, and I should be glad to know if the Boxmoor address is the one I am to register. As the lady in question pays your travelling expenses you will do well, as otherwise it would make a hole in your earnings. I advise you to insert an advertisement in the local paper, as you might get work in the same town, which I know well. I think you are wise to confine your energies to one spot. It saves time and money. I am sorry about the old servant, but if you do discover her address send it to me, as I should not like her to lose any chance of work. I have a testimonial of yours, which I will return if you send a stamped envelope for the purpose.

Paying Guest Wanted (R. A.).—I dislike this term greatly as it really means nothing. If you are a guest of anyone you don't pay, so it really is an anomaly. Your terms are quite moderate, and I see you say the room would suit two friends in business, and that board is optional. You have not sent your dressmaking notice in, which is a mistake, I think. Occasional notices are of little use.

Knitting, Crochet, &c. (Miss M.).—I would gladly help you, but I know how hopeless it is to try and get work of this kind save through friends and charity. There is a very small market really for such wares. You might write to the Gentlewomen's Self-Help Society, 22, Maddox Street, W., and see what they could do for you. Ask any of your friends to bear you in mind. I will certainly remember you if I get any inquiries of the kind.

Blouses, Dresses, &c. (Miss D.).—I have put a notice in for you, and hope you may be successful in obtaining orders. Be sure and keep your notice in regularly; occasional insertions are not very useful.

Dressmaker (E. L., Doncaster).—I am glad to hear you are busy, but I certainly think you are wise to continue your notice, as the more widely known you are the better. Many of my correspondents have laid the foundation of a good business through the Register.

Children's Summer Frocks, Blouses, &c.—I have put your name on my Register, and hope you may get some orders. As you say, trade competition is keen, but many people like something made to their own ideas, and are willing to pay for good work.

Letter Forwarded to No. 692 (Miss M., Barnes).—I forwarded your letter to my correspondent, who, I hope, was able to do your work, but she is always very busy, and has as many orders as she can cope with.

(*Continued on Page 42.*)

"Wishing your splendid journal every success."—C. A.

Health and Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

M. S.—If you have carried out the instruction I sent you by post in reply to your letter I hope the puffiness in your face is much reduced, and you can now apply, with great benefit to it, the following lotion twice a day, using a little square of surgeons' lint (quite inexpensive per yard at chemists') for making the application: Rj. Hazeline, 3 drachms; Glycerini P.B., 2 drachms; Tr. Benzoini simplici, 1 drachm; Aq. Sambuci, 3 ounces; Aq. Rosæ ad 8 ounces. M. ft. lotio. M.d.u. For your beverage now take skimmed milk freely, but avoid all forms of stimulating drinks, even tea.

Susie.—If the hair on your upper lip is fine and fair I advise you to take the colour out of it by painting it with Mason's Special Oxil Bleach (1s. 3d. with the right brush, from Mr. Mason, 25, Bank Plain, Norwich), as this will make it invisible to anyone looking at you. But if the blemish is dark, and the hair strong, it should be removed by means of electrolysis, and you can learn how this may be done at home successfully by yourself by perusing a book called "The Face Perfect," which will be sent to you gratis and post free if you write for it to Mme. Tensfeldt, hair and skin specialist, 122 (Dept. H.), Princes Street, Edinburgh, and say you are a reader of Myra's Journal.

Alethea.—To restore the natural colour to your hair without using a dye, make partings all over your head every night and rub into each when made some of the Primrose Lotion which Mr. Mason, 25, Bank Plain, Norwich, supplies for 2s. 6d. a bottle. There is nothing greasy in this, and nothing to take the waviness out of your hair, in fact, it helps to cure greasiness and to promote curliness as well as growth and colour.

Olivette.—I also have heard it said that slices freshly cut from a potato will take stains out of the skin of the hands; it is a simple remedy, and you can but try it. To whiten and soften the hands wash them in warm water every night, lathering them well with Oatine Soap, and, after drying them, massage them with Oatine Cream, and wear old white kid or suède gloves with a few little holes cut in the palms. If you will send 3d. to cover postage to The Oatine Co., 136a, Denman Street, London, S.E., they will forward you a box containing good samples of eight of the Oatine preparations, and a very useful book on massage.

Stephanie.—You describe the appearance of your complexion as both muddy and dead, and I therefore advise you in the first place to have a Turkish bath at intervals of a fortnight, to massage your face every night from beneath the chin, upwards, with Dr. Harlan's Beauty-Massage Cup (2s. 1d., post free, from M. Harlan, Neu-Vita Hygienic Institute, 1-117, Exchange Building, Southwark Street, London), and to take a course of Whelpton's Vegetable Purifying Pills (sold by chemists everywhere), and to continue this entire treatment until your skin is clear and beautiful once more. Let your daily diet include fresh green vegetables and salads, fruit, especially apples, oranges, and limes, and plenty of clear spring water. You should walk several miles every day in all weathers, and breathe deeply while out of doors so as to oxidise your blood more efficiently.

Fay.—Rub your greasy skin over several times a day with a Stephanotis Leaflet (6d. per book, from Mr. Mason, 25, Bank Plain, Norwich), and this will take away that displeasing appearance. Have a full bath every day in water well softened with borax, and, after drying with towels, rub yourself all over with your hands. This will get the skin into a more healthy condition. Follow the rules of health that I have given to "Stephanie," and every time before you go out of doors apply Mason's Cream of Stephanotis (3s. 6d. per bottle from the above Mr. Mason) to your face and neck, and this will keep the skin clean, cool, and clear, and prevent greasiness, sunburning, and freckling.

Sachette.—As you are over-stout, the best you can have is the "R.S. Patent Reducing Corset," which is supplied in black, white, or grey for 10s. 6d. by Messrs. R. Scales and Co., Corset Specialists, Newark-on-Trent. Real whalebone is employed in the manufacture of these corsets, so they wear excellently, and they keep the figure beautifully flat below the belt during the period of reduction. Walk daily as much as you can, and sit down as little as possible for the present until you have regained proper proportion of figure. It is said by beauty-culturists that activity is one of the great secrets of beauty in face and figure, and that the woman who walks a great deal in the fresh air generally remains slender, and always looks many years younger than she really is. In food avoid potatoes, bananas, black grapes, new bread, white bread, pastry, cakes, and all sweetmeats; eat stewed fresh fruits, green vegetables, salads without dressing (except a little vinegar and lemon-juice), and drink (between your meals, never with them) hot or cold water with fresh lemon-juice added to it. Eat and drink very slowly.

Worrying Mum.—Your little girl's ears that now protrude until you are quite worried about them will gradually be trained to lie flat against her head if you let her wear every night in bed the rubber ear-caps that have been invented by Mr. W. Lees Ray, 10e, Central Chambers, Liverpool. They cost 7s. 6d., post free. In tying her bonnet-strings be sure to tie them over her ears, and not behind them, as the latter method will push them out, and help to keep them so. While she is still so young the cartilage is soft, and you can do much yourself every day with your hands to coax the ears to lie flat, and so you will aid the special action of the ear-caps. It is a good thing her ears are so tiny, and such a pretty shape, for the other thing can easily be got over as you have noticed it in good time.

Pippie.—(1) The "penny weekly journal" that will please you, and be of the greatest help to you is "Woman," and your bookseller can supply you with this regularly. It is published by Messrs. Beeton and Co., 10 and 11, Fetter Lane, E.C., who would send you a specimen copy for 1½d. if you wrote to them for one. There are weekly competitions in it, easy and genuine, and articles on all sorts of subjects of special interest to women. (2) Eno's Fruit Salt is sold in large bottles at 2s. 9d. each by all chemists; it is an excellent thing to take at this time of the year for cleansing the system and clearing the complexion.

Sunshine.—It is nice to know that your friends always think of sunshine when they see you, and give you that sweet, suggestive name; this sunny nature of yours is a gift from Heaven, and will help to keep you young and beautiful. As you see that blackheads are beginning to disfigure your nose you should wash your face every night in rather hot water in which you have dissolved a teaspoonful of borax, and, after drying, should rub into the affected skin some of the cream of sulphur which Mr. Mason, 25, Bank Plain, Norwich, sends for 2s. 9d., letting this remain in contact all night. In the morning wash again in hot water softened with borax, but then rinse in cold water, dry, and apply Jansia Emulsine (2s. 6d., from the same Mr. Mason) to your face, carrying it all over from beneath your chin to your forehead. This will at once beautify and protect your complexion without giving it any artificial appearance. You should take one of Mason's Tonic Complexion Pills (1s. 2d. a box, from the same place) after each of your meals, and you should live on plain but nourishing food, eating fruit and green vegetables freely, and meat sparingly. Milk is good for you, and hot water with lemon-juice added to it.

Linnie.—Elder flower water, such as the Peerless Extracted Milk of Elder Flowers that is made by Mme. Thérèse Clayton, 1, Ridgefield, Manchester, who would send you a bottle post free for 2s. 9d., together with a useful book on hygienic skin treatment, has a wonderful effect in subduing redness in the face, and I strongly advise you to get some and use it regularly until the end of the summer. For nightly massage to make your skin creamy-white and smooth as satin use that Peerless Elder Flower Skin Food that is sent for 3s. 6d. by the same lady. I know these preparations well, and am sure you will be charmed with the effect.

Lilith.—Yes, I have seen a curled chignon, and coils and curls that have been made by Miss Rose, 7, Blackburn Road, West Hampstead, N.W., from ladies' own combings, and they were splendidly done, and at most moderate prices, too. Lay the hair in a long corset box when you take it out of your comb each day, but do not attempt to wash it. When the box is quite tight-full send it to Miss Rose with your instructions.

Pauline.—You can make your hair grow very thick and long, and so glossy and bright, by brushing it night and morning from root-end to tip with a perfectly clean hair-brush, and every night, after you have done this, making partings in all directions on your head, and into each as you make it rubbing some of the Petrolate of Sulphur that is sold for 2s. 6d. (post free) by Mr. Mason, 25, Bank Plain, Norwich. Rub until the skin glows, and when you have been all over the scalp do your hair into a loose plait for the night, but do not comb nor brush it again until next morning. If you are in the habit of using waving pins you can, of course, continue to put them in.

Columbine.—The rule is to leave the plain gold rings in the ears until the pierced holes are quite healed, and the swelling in the lobes entirely reduced, and the skin its natural colour again. The time that all this takes varies with the individual, but usually ranges from three to six months. A healing cream, such as Mason's Hygienic Skin Cream (2s. 6d. from Mason, 25, Bank Plain, Norwich), should be applied to the inflamed lobes every night, and the rings gently turned in their holes night and morning.

"'Myra's Journal' is a great boon to us out here in South Africa."

NO MORE WRINKLES

RICH AMERICAN WOMAN MAKES REMARKABLE DISCOVERY THAT PROVES TO BE A GREAT AID TO BEAUTY

Broad Minded and Liberal, She Offers to Give Particulars to All Who Write Absolutely Free

Della Ellison, who is a rich American woman, seems to be the one whose name shall go down in history as the discoverer of the true secret of beauty. For centuries past women have realised that wrinkles not only made them look much older than they were, but were also the destroyer of their beauty, and with ceaseless efforts they have sought to stay the hand of time, which robbed them of this most valuable charm.

Knowing that the homely woman with deep lines and furrows must fight an unequal battle with her younger and better-looking sister, many resorted to annoying and even dangerous experiments trying to regain their former youthful appearance. This new discovery, however, will do away with all these rash measures, as the treatment is harmless and simple. It is said that aside from banishing wrinkles in from one to three nights it is a great aid to beauty, making the skin soft and velvety and beautifying the complexion. Many who have followed Miss Ellison's advice look from five to twenty years younger, and judging by the number of replies she is receiving daily, people are not slow at taking advantage of her generous offer.

It comes as a surprise that the discovery should be made by a modest little woman in Scranton, when our large cities are full of beauty doctors and specialists who have sought in vain for a treatment that would turn back the clock of time and place the imprint of youth on the fast-fleeting footsteps of age, but far more surprising is the fact that she is to remain where she is.

In speaking of the discovery she said, "Yes, I know there would be many advantages in my going to some of the large cities, but I have made arrangements to give particulars of my treatment Free to all who write me, so that the women in every city and town may have the benefits of my discovery."

This statement shows that she is both broadminded and generous, and all who wish to banish their wrinkles and improve their complexion should write her at once. Her address is:
DELLA ELLISON, 1354, Burr Building, Scranton, Pa., U.S.A.

Just state that you wish particulars of her discovery, and she will send them in sealed envelope free of charge. Letters can now be posted to America for One Penny.

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Nutritive and Sedative
HAIR CREAM.
For Restoring, Cleansing, Beautifying, and Promoting its Growth.
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Of all Chemists, &c., 1/6 to 5/-.

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An Illustrated Weekly Journal for Gentlewomen.

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THE CONTENTS INCLUDE:—

Housekeeping and Cookery Articles
are supplied by that well-known and thoroughly practical writer, Mrs. C. S. PEEL, whose information may be relied on.

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is treated of by Mrs. TALBOT COKE, the best-known authority on these subjects.

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are fully dealt with, and the Fashion Designs in HEARTH AND HOME have no superiors, and are exclusive and effective.

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are all ably dealt with in HEARTH AND HOME.

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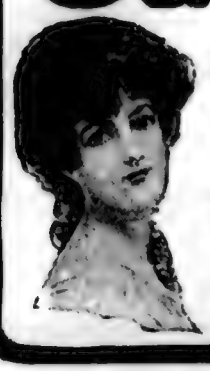
When ordering Articles Advertised Please mention "Myra's Journal."

Oatine



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Price of Paper Pattern, 1s. 0½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

GRAPHOLOGY DELINEATIONS.

By EDITH O'SHEA.

All letters must be sent to "Graphologist," Myra's Journal Office, 10 & 11, *Fetter Lane, E.C.*

(1) To be delineated in these columns, *specimens of handwriting* must be received on or before the 25th of the month.

(2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom de-plume is also required for printed replies.

Shottam.—Your writing shows you to be shrewd, economical, very reserved, and self contained; it would take a great deal before you would give your confidence, in spite of the fact that you have a somewhat ardent nature. The tendency to vary the slope of your writing shows an undecided state of mind. You are energetic and impatient, but the will requires to be made stronger and more tenacious. Love of colour and self-esteem are shown by the signature.

Peter Pan.—The running style of your writing shows fluency of mind, and its thickness love of colour and luxury. You have self-confidence and a very clear mind, but you are apt to be impatient. Honourable and very constant in friendship, generous. I think you have a talent for writing, principally short stories; your writing is not sufficiently what I call "press" style for article writing; unless it were reporting for entertainments and fêtes, when colour in life predominates. But to succeed, you must cultivate endless patience and determination.

ITEMS OF INTEREST.

THE breeding of fancy dogs is fast becoming a favourite occupation with ladies of some means and leisure, and these will take a great interest in the important dog show for Pekingese, which, held under the auspices of the Pekin Palace Dog Association, will be held at the Royal Botanic Gardens, Regent's Park, London, N.W., on Thursday, June 23 (a week after this July number of ours is published). It is open to everybody, and entries can be made up to June 18. All people interested in this very attractive and favourite breed of dog, will attend this show if they can possibly do so.

All intending travellers should make a point of getting the Great Eastern Railway Company's "Tourist Guide to the Continent," price 6d. It is packed with information, is beautifully illustrated with foreign towns and buildings of interest, and has a large and useful map in which the continental tours can be traced. The book contains particulars of new tours (via Holland) in North Germany (including the Hartz Mountains and Thuringian Mountains), in South Germany (including the less-known Rhine Valleys), in Belgium (via Antwerp), &c. A valuable vocabulary for travellers in English, German and French has been added.

The picture postcard, as developed by Messrs. C. Faulkner and Co., has become our most valuable diary of important events. Whether we were able to witness them ourselves, or whether distance or engagements prevented us, the funeral cortèges and the lying-in-state of our late King are a precious memory which will ever live again to us and our descendants in the superb series of photographs, unfading and durable, which Messrs. Tuck

have stamped upon a splendid series of postcards, within the means of all purchasers.

Superb photo-gravure portraits of King George and Queen Mary, handsomely mounted, are only 1s. each—a beautiful pair of pictures for framing. Very interesting and pathetic is an illuminated copy of King George's letter to the nation, surmounted with photo-gravures of King George and his Queen and the Royal Arms (printed in correct colours) (only 6d.). Of the highest interest are the six long photo-type panoramas of the funeral cortège in London and Windsor, and the queue outside Westminster Hall for the Lying-in-State. These superb delineations of a splendid, historic procession are only 6d. each. The figures are large and easily recognisable. Everybody should secure a copy of each of these—all six will only mount up to 3s. Messrs. C. Faulkner and Co's. Photogravures, &c., can be ordered through any bookseller.

Results of Prize Competition.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay.

Competitors are requested to write each hint or recipe on a separate sheet of paper and to write on one side of the paper only.

A coupon of the current number of Myra is essential, and hints or recipes, however good, will not be considered unless accompanied by a coupon. L. Hope.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following prize recipes —

Beef Custard for an Invalid.—Beat up an egg lightly with a cupful of strained beef tea; pour into a buttered breakfast cup, cover with greased paper, stand it in a saucepan of boiling water (without a cover) at side of the fire for half an hour.—A. Thackeray, 26, Gloucester Square, London, W.

"Braised Leg of Lamb."—Wipe the meat, melt two ounces of good fresh dripping in a stewpan, and put in the leg and fry it for ten minutes. Let it get just lightly browned all round. Clean and cut up two onions, one carrot, a little mint, parsley, remove the leg and keep hot, and fry these lightly. Return the leg to the stewpan, placing the vegetables underneath and round it; pour in enough water to nearly cover the meat, put twelve peppercorns, one blade of mace, and two cloves in a muslin bag, add a seasoning of salt and pepper. Butter a piece of white paper, cover the meat with this, cover the pan closely, and let it simmer for three hours; baste the meat from time to time, and turn it at half time. Strain a little brown gravy over the meat, and serve garnished with the vegetables, from which the spice bag has been removed.—Miss A. Rickard, Stokeamber House, Market Street, Penryn, Cornwall.

Banbury Cakes.—½lb of butter, ½lb of finely-cut candied peel (lemon and orange mixed), 1lb of currants, and ½oz each of ground cinnamon and allspice. Beat the butter to a cream, mix with the candied peel, the currants, and allspice. Beat well together. Have ready some puff pastry, roll out, and cut into pieces about six inches square. Put some of the mixture in the middle of one half of the square, fold the other half over. Make two small slits across the top crust, brush over with the beaten white of an egg. Dust with castor sugar, and bake in a moderate oven to a nice pale brown.—Miss G. Millward, 7, Pontmorlais, Merthyr Tydvil.

Souffle of Eggs and Cheese.—Take a couple of breakfast cupfuls of milk, and mix into a thin, smooth paste with an ounce of flour. Put the rest of the milk on to boil, and stir in gradually the flour mixture, with an ounce of butter, salt, and pepper. Work well over the fire, stirring until the mixture thickens. Grate a couple of ounces of Cheddar cheese, beat up the yolks of three eggs, add to the saucepan with a little finely-grated Parmesan cheese, and a spoonful of tomato sauce. Last of all whip the whites of the eggs to a stiff froth and fold them lightly in. Poach four or five eggs, and when lightly done remove and drain them. Place them in a flat fireproof china dish, cover with the soufflé preparation, and bake in the oven for about a quarter of an hour. Just before serving sprinkle a little grated cheese over the top. —E. Rowland, 124, St. George's Road, St. Augustine's, Bristol.

COMMENDED AND RECOMMENDED.

An Egg Dainty.—Those who preserve the old liking for high tea will appreciate eggs in sausage meat. The eggs are boiled hard, then peeled, and thickly coated with sausage meat. Tie in a cloth and boil. When done, slice in halves, and serve with a surrounding of watercress or parsley. This dish is most appetising in appearance as well as satisfying.—co. Dublin.

Our Favourite Sweet.—Half fill a circular glass dish with freshly stewed or ready to eat bottled fruit; raspberries are particularly nice. An hour or so before sending to table, cover with a sponge prepared to the following recipe: sieve together 2oz. fine flour, 2oz. castor sugar, ½ teaspoonful of baking powder, mix well with one well-beaten egg, and pour into a shallow circular tin of same diameter as glass dish and bake five or ten minutes. A quick oven is best. May be served with cream or custard if desired.—Sidcup.

Kedgeree of Haddock.—Boil a medium-sized dried haddock for ten minutes. let it get cool, then free it from skin and bone. Flake up the fish and put it in a frying-pan with a generous lump of butter or sweet dripping. Have ready half a teacupful of rice, boiled for 15 minutes and well drained. Mix this rice lightly with the fish, a small onion finely chopped, and a teaspoonful of finely-chopped parsley, well seasoned with pepper. Make the kedgeree hot, then break in one whole egg, stir lightly over the fire until a compact mass. Pile in a hot dish and serve with a dish of nicely mashed potato.—Co. Durham.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

Cooling and Nutritious Pudding for Hot Weather.—Take 1lb of rice, wash and put in water overnight. In the morning pour off the water and add ½lb raisins (or 1lb currants), 4oz castor sugar, 1 pint milk and 1 egg beaten together, and a teaspoonful of salt, mixing well together. Put in a pudding basin and tie cloth over loosely to give room for swelling. Put in saucepan and well cover with cold water and boil for two hours. The currants should be bruised and the raisins chopped. This also makes a good pudding for children without the milk and egg and sugar, serving then with golden syrup or sweet sauce.—London, S.E.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

Baked Apples.—Before putting apples in the oven to be baked run a sharp knife twice round the skin near centre. This will prevent the apple from bursting, and have a pretty effect when cooked.—Lillian Dobson, Hilton Road, Mapperley, Nottingham.

A Sewing Hint.—When you want a fresh end of cotton, thread your needle before cutting from the reel, and begin working at the end just severed. By doing this you get the right end of the thread, and will not be annoyed by the cotton knotting.—Miss F. Cowley, 38, High Street, Dunstable, Beds.

To Clear a Choked Pipe.—If a sink becomes choked one may save the trouble and expense of getting a plumber to put it right, by trying first to clear it by means of suction. Fill the sink half full of water, then press a cloth firmly down over the holes and draw it quickly up again. Repeat this several times and the suction thus caused will dislodge the obstruction and the water will get away with a rush.—Mrs A. Robertson, Cavendish Place, Dollar, N.B.

A Useful Hint.—To prevent a milk pudding sticking to the bottom of the dish, add a tablespoonful of water before cooking, and stir occasionally until it begins to set.—Miss Katharine Docker, The Cedars, King's Norton, near Birmingham.

COMMENDED RECIPES.

To Choose Eggs and Preserve Them.—To choose eggs shake them, if they are bad they will rattle; but the safest way is to hold them up to the light, if perfectly fresh there are no spots on the shells and they have a brilliant light yellow tint. Eggs to be preserved for use should be quite fresh from the nest. They may be preserved by brushing them all over the shell with a thin solution of gum and laying them in bran. Some persons brush them over with olive oil instead of the gum.—Stoke Newington.

Storeroom Hint.—Fruit, vegetables, or such groceries as sugar, coffee, tea, &c., should never be kept in the larder or store cupboard in the paper bags in which they are sent from the shops. Paper has a deleterious effect on any foodstuffs containing much moisture of themselves when allowed to come in contact with them, and for this reason they should be emptied out of the bags as soon as possible and stored in jars or tins.—Co. Dublin.

To Renovate Black Lace.—Lay the lace in cold strong tea for a few minutes, squeeze gently out, shake well, then roll it on a bottle filled with hot water. The bottle should be covered with flannel first, to prevent it making the lace flat. If it is too wide, or piece lace, pin it carefully out on a blanket and fold blanket over the rail of horse, letting lace hang straight. When dry, the lace will look almost new, the tea giving it the stiffness of new lace as well as making it black. Tried.—West Kensington.

Before Washing Handkerchiefs soak them for three hours in cold water to which a large tablespoonful of salt has been added. They will require very little rubbing before boiling, and it helps to keep them white. This is a very easy method of washing them, however much soiled.—Harlesden.

Mrs. S. A. Allen's
WORLD'S
Hair Restorer

Quickly Changes Gray or White Hair to its Natural Colour and Beauty.

NEVER FAILS.

It is not an experiment but has been in use for over 75 years, throughout the civilised world It is the best, and the best is always the cheapest.

Sold everywhere by Chemists, Perfumers, &c. If you cannot procure locally send this advertisement with P.O.O. or stamps for 4s. to 114, Southampton Row, London, and a full-sized large bottle will be sent Carriage Paid anywhere in the United Kingdom. O.R.I.

"I have used 'Myra' for nearly nine years and find it the best of all dressmaking journals."—M. M.

Correspondence.

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1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.
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DRESS AND HAIR-DRESSING.

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COLUMBINE.—I am sorry that you did not give your name and address, as I would have answered you by post. (1) With regard to the dancing dress, if you wear tights and tulle skirts, *à la Columbine*, you must wear the real dancer's undergarments. For the garment next the corset your sketch will do very well, though there is no need to cut the cache-corset and trunk drawers in one. The trunk drawers are, of course, indispensable, and these should be covered with a puffing of tulle or soft muslin—whatever material your under skirts are made of. (2) I have handed on your query to Mistress Anne Page; her answer is on page 38.

TRAVELLER.—(1) Yes. Black silk coats-and-skirts are still worn for smart travelling costumes. A bright, light, dust-resisting silk of glacé type is chosen. The skirt should be short, closely pleated. The coat could be cut on our Free Pattern (see descriptions for changes advisable and necessary for silk). The great advantage of these travelling gowns is smartness and lightness. Dust shakes off easily, and the skirt is elegant enough for table d'hôte and theatre purposes. (2) At Oberammergau, as at Bayreuth, no one out of the "Prince's Gallery" wears evening dress—smart outdoor gowns, as for visiting or pier purposes, are worn, covered (out of the theatre) with a Shantung dust coat (see No. 9281).

(Owing to pressure of space several answers have been sent by post).

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(Continued from Page 37.)

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FINE NEEDLEWORK, LAMP SHADES, UPHOLSTERING (B. N.).—If you want to actually live by your needle there is no better way than by making the finest of hand-made underwear. For this the demand is steady and constant, and I advise you to work as hard as possible at this in order to get on. It is, of course, the very finest work that pays. At this season of the year people are glad to hear of workers who make loose covers for chairs, but it is, as a rule, rather spasmodic employment.

SMOCKING, &c. (Mrs. C.)—I am sorry you did not hear from the lady to whom I gave your name—and those of others. I have not heard from any of my workers that she has written to them, which seem strange, but it is possible that she was making early enquiries with a view to orders later on. Many people do this.

GOOD BODICE HAND WANTED (Mdme. E. W.).—I am putting a notice in for you and hope you may hear of a worker, but I know it is difficult. There seems to be more all-round than coat and skirt, or bodice "hands." I sent your letter in to my correspondent, who has, I know, given satisfaction to those she has worked for.

DRESSMAKER AT TONBRIDGE (Mrs. H.).—I am glad to hear you have been busy, though, alas, for a sad cause. The loss of our King was indeed terrible, but the amended order about mourning will, no doubt, cause a revival in trade, and we shall see colours worn again soon after this is in print. I shall hope to hear that you have found suitable premises ere long. It must make a great difference to your business. I am glad to hear the lady whom I recommended to you years ago is a regular customer. That speaks for itself.

INFANTS' CLOTHES, &c. (S. E. M.).—If you can do the very best work you can compete with the shops, but it is useless to cater for those who can only afford cheap ready-made things. The prices paid for dressmaking in your part of the world seem incredibly low. For a private reply—for the addresses you ask for—you must send six penny stamps and a stamped envelope. Here are some addresses, however, which may be of use: Working Gentlewomen's Employment Guild, Gwyder

BACK VIEWS OF TWO OF OUR FOUR FREE PATTERNS.

Chambers, 104, High Holborn, W.C., Sec., Miss Bull; Englishwomen's Home Industries, 79, Park Street, Grosvenor Square, W.; Ladies' Work Society, 31, Sloane Street, S.W. With regard to short stories the only way is to write very plainly, on one side of the paper, and send them up, with a stamped addressed envelope for their return, to the editors of any papers or magazines you think your story may suit. In the "Writers' Year Book," published by G. and C. Black at 1s., you will find much useful information on the subject. I must warn you, though, that it is very, very difficult to get stories accepted, so do not be disappointed if they come back. Honestly, I think you would do better to try and improve your sewing, of which you say you are very fond, so that you can ask good prices for good work. I advise you to send up your notice for re-insertion.

FANCY NEEDLEWORK, &c. (B. G.).—I am so pleased to hear you are so busy. I cannot remember who it was sent for your address, but someone did, not long ago, and as she only wanted yours, I should imagine it was the lady in question. I can give you some addresses if you want temporary help, but possibly you want it in your own town. Many thanks for your good wishes. I am always glad to hear from you.

BLOUSES, COSTUMES, UNDERWEAR, &c. (Mdlles. W.).—Notice duly received and inserted.

FINE HAND-MADE LINGERIE (M. L. R.).—I sent on a letter to you from a lady at Barnes, which I hope brought you an order, though as you are so very busy I fear you would hardly be able to take any more work as yet. I am also glad to hear the other lady in Ireland to whom I recommended you gives you plenty of work. I advise you to advertise again for a lady to live with you, and I am putting a notice for you in my Register. I think it would pay you to devote your time entirely to needlework, but no doubt you find a little housework a pleasant change.

FINE NEEDLEWORK, LAMPSHADES, &c. (B. M.).—No, that is quite right. There is nothing else to do. I hope you may be successful.

CHILDREN'S FROCKS, &c. (M. U.).—Thank you for the kind things you say. Fine work and original designs will always command their price, and you should aim at the very best. You would not, of course, compete with the cheap ready-mades, but try for the very best work, which is not, and never can be, cheap. I think you will find it possible to sell it at a profit, and yet, possibly, at less than the shops, for you see you have only your own return to get, not several. Let me know how you get on, and what you do.

SMOCKING, &c. (A. G. C.).—Notice received. You must not give up hope. I have given your address to one or two people. You may hear yet.

LACE COLLARS, COSIES, &c. (E. W.).—I can only advise you to persevere. I know it is exceedingly difficult to get a connection together for the sale of the work of the kind. Have you ever tried any of the various ladies' work societies? There is one at 1, Ridgefield, King Street, Manchester, which might possibly be of service to you. Meanwhile, send in your notices regularly, and hope on. All we workers have to do that.

(Several Answers are crowded out and will be published in the next number.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
JULY, 1910.

DRESS AND HAIRDRESSING.
JULY, 1910.

HEALTH AND BEAUTY.
JULY, 1910.

GRAPHOLOGY.
JULY, 1910.

ETIQUETTE.
JULY, 1910.

COOKERY & HOUSE MANAGEMENT.
JULY, 1910.

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen.' —N.B.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, July, 1910.

DRESS AND DRESSMAKERS.

BLOUSES.—Cream or black delaines, 6s. 6d. made; ladies' measurements; fit, style, finish perfect; best work only; materials taken.—Madame Course, Blouse Specialist, Rushden.

MADAME EMILIE WRIGHT, from Swan and Edgar. Visiting gown specialist. Fit guaranteed. Charges moderate.—3, Priory Park Road, Kilburn.

High-class DRESSMAKER. Fit and style guaranteed.—Miss Charles, 20, Balham Grove, Balham.

Millicent Wright, 45, Artesian Road, Westbourne Grove. Ladies' materials. Moderate terms.

DRESSMAKING, daily, town or country.—Mrs. Burnay, 10, Lansdowne Street, Hove.

REMNANTS.—Blouse, Dress and odd lengths. Large assortment at very cheap prices; also, ready-made blouses, overalls, aprons, &c.—37, Manchester Street, King's Cross.

DRESSMAKING, 3s. a day.—Miss Clinch, 18, Barrow Hill Road, St. John's Wood.

Léonie, FRENCH DRESSMAKER.—Ladies' materials, hand-made gown, 30s.—120, Talbot Road, Bayswater.

DRESSMAKER, experienced. Daily or at home.—Mrs. Day, 41, Argyle Square, W.C.

DRESSMAKER, daily or at home.—Miss M. H. Vinter, 13, Osborne Villas, Hove.

DRESSMAKER, experienced. Costumes, Coats, Skirts, Blouses.—Miss Connery, 21, Balham Hill, Balham.

DRESSMAKER, experienced; daily or at home.—Mrs. England, 440, Edgware Road, W.

NAVY WOOL SERGE REMNANTS, 7s. 6d. parcels.—Long's, 349, Wakefield Road, Bradford.

EVENING GOWNS RENOVATED. Children's dressmaker.—Miss Walwyn, 5, St. Anne's Road, Barnes.

DRESSMAKER, terms 3s. daily.—Jessie Andrews, 51, Cochrane Street, Circus Road, St. John's Wood.

MILLINERY.

SYDENHAM.—Milliner and Dressmaker. Renovations satisfactorily executed.—Moderate charges.—83, Sydenham Road.

MILLINERY LESSONS; personal instruction.—W., 57, Upper Gloucester Place, Dorset Square, W.

NEEDLEWORK.

30 CROCHET EDGING patterns, 1s. 1d. Crochet lace and corners.—Miss Bristow, c/o Mrs. Knight, 146, Eastgate, Louth, Lincs.

CHILDREN'S SMOCKS and knitted jerseys; lingerie.—Miss Emms, Avenue Road, Norwich.

EMBROIDERY—all kinds of blouses, etc. West End experience.—11, Lambton Road, Wimbledon.

HAND BRAIDING and EMBROIDERY done for the trade.—Bryer, 27, Gladys Road, N.W.

PATCHWORK, lovely pieces silk, 1s. 1d. doz. post free.—Madame Hewett, 48, St. Luke's Road, Westbourne Park, W.

KNITTING, stockings, socks; Crochet, shawls, d'oyleys, netting.—Mongar, 4, Barrack Road, Hounslow.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

BRITISH COLONIAL STAMPS.—Sixty varieties for 9d., including Falkland Islands, Seychelles, Grenada, Gwalior, Newfoundland, Travancore, and Hyderabad.—H. W. L., MYRA'S Office.

PAYING GUESTS, HOUSES, &c.

"ARDWELL," Chesham Bois, Bucks. Three minutes from common and close to post office and church. Chesham Bois stands 550ft. above the sea level. Lovely country. Bracing air. From 30s. to £2 2s. per week. Week ends arranged.—Miss Barber.

Comfortable home offered one or two ladies engaged during the day (Bayswater): terms moderate; near rail and 'bus.—J. E. M., MYRA'S Office. M 3766

COLWYN BAY.—Superior apartments, near sea and golf links; highly recommended; moderate terms.—Mrs. Fox, Kenilworth, Llewe yn Road.

HASTINGS.—Comfortable board-residence for ladies. Moderate.—24, Githa Road, Clive Vale.

MISCELLANEOUS.

Pharmaceutical Chemist's ECZEMA OINTMENT. Marvellous results. Box 1s.—M. E. W., MYRA'S Office.

Ladies' GREY or FALLING HAIR quickly restored (not dyed) 1s. 6d. per sitting. Highly recommended by MYRA'S JOURNAL. TIRED, ACHING FEET instantly relieved. Boxes, post free, 6d. and 1s.—Miss Warrington, 169a, Latchmere Road, Clapham Junction.

BOY'S BICYCLE WANTED.—State size of frame, maker's name and condition of tyres, and price.—No. 8 M, MYRA Office, 10 and 11, Fetter Lane, London.

Don't Look Old! Send 7d. and piece of hair for bottle REANCHE HAIR STAIN.—299, King's Road, Chelsea.

CREME-DES-INCAS.—Lovely face cream, preserves skin when exposed to wind or sun, 1s. box.—Madame Viva, 17, Colville Road, W.

STAPLE-MOSS, a sure simple remedy for rheumatism. 1s. 1½d. box, 24 powders.—Nellangi and Co., 17, Colville Road, W.

ANTI-STOUTNESS.—Recipe 1s.; inexpensive, pleasant, innocuous.—S., 33, Grosvenor Park, S.E.

SCIENTIFIC DRESSMAKING CHARTS, Stereoscope and Slides; offers.—Philipps, 9, Bay View Terrace, Mumbles, S. Wales.

WINDOW TICKETS written to requirements; exchange Man's Second-hand Suit, 5ft. 8in.—F. Jones, 10, Miller Street (off New Hall Lane), Preston.

30s. to £5 per week for work done at home. We provide materials.—Send for particulars to the National Home Employment Association, 11, Albermarle Works, Hounslow. 2

HAIR LOTION.—Beautiful abundant, fluffy hair. Prevents greyness. Post free, 1s.—Miss M. Morton, 196, Avenue Road, Acton.

To create a LOVELY COMPLEXION use Therese Clayton's Extracted Milk of Elder Flowers, 2s. 9d. post free, 1, Ridgefield, Manchester.

LADIES' COMBINGS mounted in tails, 1s. per oz. Frames, empire curls. Best workmanship.—Miss Rose, 7, Blackburn Road, West Hampstead

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. JULY, 1910.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 51, Cochrane Street, Circus Road, St. John's Wood.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Mrs. Burnay, 10, Lansdowne Street, Hove.
Miss E. Chandler, 70, Kennington Road, S.E.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Coward, 83, Gloucester Road, Regent's Park, N.W.
Miss A. Dryden, 62, Wellesley Road, Leytonstone, Essex.
Mrs. England, 440, Edgware Road, W.
Mrs. Glover, 3, Redburn Street, Chelsea, S.W.
Mme. Marion, 83, Sydenham Road, Sydenham, S.E.
Miss Peaston, 81, Ashmore Road, Paddington.
Miss Smith, 3, Pakeman Street, Holloway, N.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 14, Blomfield Street, Westbourne Square, Paddington, W.
Elsie Baker, 3, Norwich Road, Thornton Heath.
Mrs. F. V. Bebber, 37, Manchester Street, King's Cross, W.C.
Miss Burnett, 7, Windsor Road, Holloway, N.
The Misses Butler, 29, Gauden Road, Clapham, S.W.
Miss Charles, 20, Balham Grove, Balham.
Mme. Connelly, 23, Osnaburgh Street, N.W.
Mme. Course (Blouse Specialist), Rushden.
Miss Davidge, 7, Rabbits Road, Manor Park, Essex.
Mrs. L. B. Day, 41, Argyle Square, King's Cross, W.C.
Miss Durrant, 14, Blomfield Street, Paddington, W.
Mrs. England, 440, Edgware Road, W.
Mlle. Farbrother, The Owls, Gloucester Road, Kingston Hill, S.W.
Mrs. I. Forrester, 3, Moxon House, Paradise Street, Marylebone, W.
Miss Goddard, 46, Cambridge Road, King Street, Hammersmith.
Elizabeth Grey, 8, Holland Road, Brixton, S.W.
Miss De La Haye, 108, Gowan Avenue, Fulham, S.W.
Mrs. M. E. Horner, 70, Barden Road, Tonbridge.
Miss James, 56, Upham Park Road, Chiswick.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Misses Leftwich and Bush, 54, Blomfield Road, Maida Hill, N.W.
Mme. Léonie, 120, Talbot Road, Bayswater, W.
Miss Leeson, 2, Copley Road, Doncaster.
Mme. Marion, 83, Sydenham Road, Sydenham, S.E.
Ethel May, 54, Hereford Road, Bayswater, W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss M. H. Vinter, 13, Osborne Villas, Hove, Sussex.
Mme. White, 299, King's Road, Chelsea, S.W.
Madame Emilie Wright, 3, Priory Park Road, Kilburn, N.W.
Miss Walwyn, 5, St. Ann's Road, Barnes.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Miss Walwyn, 5, St. Ann's Road Barnes.
Madame A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Elsie Baker, 3, Norwich Road, Thornton Heath.
Mme Marion, 83, Sydenham Road, Sydenham, S.E.
Mme. White, 299, King's Road, Chelsea, S.W.

The Four Free Patterns issued with the JUNE NUMBER of MYRA'S JOURNAL are:—

NEW DRAWN IN SKIRT FOR SUMMER FABRICS.
LATEST ONE-PIECE BLOUSE.
NEW SKIRT WITH SHAPED FOOTBAND.
BOY'S TUNIC OVERALL.

The JUNE NUMBER is full of Useful and Practical Designs of Special Fashions for Summer Wear, and for Mourning and Half-Mourning.

There are designs and descriptions of Charming Coats and Skirts for the Summer. The New One-piece Blouse. Evening Gowns. Summer Styles for Children. A Layette. Smart Summer Underwear.

The JUNE NUMBER of MYRA'S JOURNAL can be obtained of all Newsagents, and at the Railway Bookstalls. Price Threepence.

All Coupons must be received by the 1st of each month preceding date of issue.

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GOOD BODICE HAND WANTED (Mdme. E. W.).—I am putting a notice in for you and hope you may hear of a worker, but I know it is difficult. There seems to be more all-round than coat and skirt, or bodice "hands." I sent your letter in to my correspondent, who has, I know, given satisfaction to those she has worked for.

DRESSMAKER AT TONBRIDGE (Mrs. H.).—I am glad to hear you have been busy, though, alas, for a sad cause. The loss of our King was indeed terrible, but the amended order about mourning will, no doubt, cause a revival in trade, and we shall see colours worn again soon after this is in print. I shall hope to hear that you have found suitable premises ere long. It must make a great difference to your business. I am glad to hear the lady whom I recommended to you years ago is a regular customer. That speaks for itself.

INFANTS' CLOTHES, &c. (S. E. M.).—If you can do the very best work you can compete with the shops, but it is useless to cater for those who can only afford cheap ready-made things. The prices paid for dressmaking in your part of the world seem incredibly low. For a private reply—for the addresses you ask for—you must send six penny stamps and a stamped envelope. Here are some addresses, however, which may be of use: Working Gentlewomen's Employment Guild, Gwyder

BACK VIEWS OF TWO OF OUR FOUR FREE PATTERNS.

Chambers, 104, High Holborn, W.C., Sec., Miss Bull; Englishwomen's Home Industries, 79, Park Street, Grosvenor Square, W.; Ladies' Work Society, 31, Sloane Street, S.W. With regard to short stories the only way is to write very plainly, on one side of the paper, and send them up, with a stamped addressed envelope for their return, to the editors of any papers or magazines you think your story may suit. In the "Writers' Year Book," published by G. and C. Black at 1s., you will find much useful information on the subject. I must warn you, though, that it is very, very difficult to get stories accepted, so do not be disappointed if they come back. Honestly, I think you would do better to try and improve your sewing, of which you say you are very fond, so that you can ask good prices for good work. I advise you to send up your notice for re-insertion.

FANCY NEEDLEWORK, &c. (B. G.).—I am so pleased to hear you are so busy. I cannot remember who it was sent for your address, but someone did, not long ago, and as she only wanted yours, I should imagine it was the lady in question. I can give you some addresses if you want temporary help, but possibly you want it in your own town. Many thanks for your good wishes. I am always glad to hear from you.

BLOUSES, COSTUMES, UNDERWEAR, &c. (Mdlles. W.).—Notice duly received and inserted.

FINE HAND-MADE LINGERIE (M. L. R.).—I sent on a letter to you from a lady at Barnes, which I hope brought you an order, though as you are so very busy I fear you would hardly be able to take any more work as yet. I am also glad to hear the other lady in Ireland to whom I recommended you gives you plenty of work. I advise you to advertise again for a lady to live with you, and I am putting a notice for you in my Register. I think it would pay you to devote your time entirely to needlework, but no doubt you find a little housework a pleasant change.

FINE NEEDLEWORK, LAMPSHADES, &c. (B. M.).—No, that is quite right. There is nothing else to do. I hope you may be successful.

CHILDREN'S FROCKS, &c. (M. U.).—Thank you for the kind things you say. Fine work and original designs will always command their price, and you should aim at the very best. You would not, of course, compete with the cheap ready-mades, but try for the very best work, which is not, and never can be, cheap. I think you will find it possible to sell it at a profit, and yet, possibly, at less than the shops, for you see you have only your own return to get, not several. Let me know how you get on, and what you do.

SMOCKING, &c. (A. G. C.).—Notice received. You must not give up hope. I have given your address to one or two people. You may hear yet.

LACE COLLARS, COSIES, &c. (E. W.).—I can only advise you to persevere. I know it is exceedingly difficult to get a connection together for the sale of the work of the kind. Have you ever tried any of the various ladies' work societies? There is one at 1, Ridgefield, King Street, Manchester, which might possibly be of service to you. Meanwhile, send in your notices regularly, and hope on. All we workers have to do that.

(Several Answers are crowded out and will be published in the next number.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
JULY, 1910.

DRESS AND HAIRDRESSING.
JULY, 1910.

HEALTH AND BEAUTY.
JULY, 1910.

GRAPHOLOGY.
JULY, 1910.

ETIQUETTE.
JULY, 1910.

COOKERY & HOUSE MANAGEMENT.
JULY, 1910.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, July, 1910.

DRESS AND DRESSMAKERS.

BLOUSES.—Cream or black delaines, 6s. 6d. made; ladies' measurements; fit, style, finish perfect; best work only; materials taken.—Madame Course, Blouse Specialist, Rushden.

MADAME EMILIE WRIGHT, from Swan and Edgar. Visiting gown specialist. Fit guaranteed. Charges moderate.—3, Priory Park Road, Kilburn.

High-class DRESSMAKER. Fit and style guaranteed. — Miss Charles, 20, Balham Grove, Balham.

Millicent Wright, 45, Artesian Road, Westbourne Grove. Ladies' materials. Moderate terms.

DRESSMAKING, daily, town or country. —Mrs. Burnay, 10, Lansdowne Street, Hove.

REMNANTS.—Blouse, Dress and odd lengths. Large assortment at very cheap prices; also, ready-made blouses, overalls, aprons, &c.—37, Manchester Street, King's Cross.

DRESSMAKING, 3s. a day.—Miss Clinch, 18, Barrow Hill Road, St. John's Wood.

Léonie, FRENCH DRESSMAKER.—Ladies' materials, hand-made gown, 30s.—120, Talbot Road, Bayswater.

DRESSMAKER, experienced. Daily or at home.—Mrs. Day, 41, Argyle Square, W.C.

DRESSMAKER, daily or at home.—Miss M. H. Vinter, 13, Osborne Villas, Hove.

DRESSMAKER, experienced. Costumes, Coats, Skirts, Blouses. — Miss Connery, 21, Balham Hill, Balham.

DRESSMAKER, experienced; daily or at home.—Mrs. England, 440, Edgware Road, W.

NAVY WOOL SERGE REMNANTS, 7s. 6d. parcels.—Long's, 349, Wakefield Road, Bradford.

EVENING GOWNS RENOVATED. Children's dressmaker.—Miss Walwyn, 5, St. Anne's Road, Barnes.

DRESSMAKER, terms 3s. daily.—Jessie Andrews, 51, Cochrane Street, Circus Road, St. John's Wood.

MILLINERY.

SYDENHAM.—Milliner and Dressmaker. Renovations satisfactorily executed.—Moderate charges.—83, Sydenham Road.

MILLINERY LESSONS; personal instruction.—W., 57, Upper Gloucester Place, Dorset Square, W.

NEEDLEWORK.

30 CROCHET EDGING patterns, 1s. 1d. Crochet lace and corners.—Miss Bristow, c/o Mrs. Knight, 146, Eastgate, Louth, Lincs.

CHILDREN'S SMOCKS and knitted jerseys; lingerie. — Miss Emms, Avenue Road, Norwich.

EMBROIDERY—all kinds of blouses, etc. West End experience.—11, Lambton Road, Wimbledon.

HAND BRAIDING and EMBROIDERY done for the trade.—Bryer, 27, Gladys Road, N.W.

PATCHWORK, lovely pieces silk, 1s. 1d. doz. post free.—Madame Hewett, 48, St. Luke's Road, Westbourne Park, W.

KNITTING, stockings, socks; Crochet, shawls, d'oyleys, netting.—Mongar, 4, Barrack Road, Hounslow.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

BRITISH COLONIAL STAMPS.—Sixty varieties for 9d., including Falkland Islands, Seychelles, Grenada, Gwalior, Newfoundland, Travancore, and Hyderabad.—H. W. L., MYRA'S Office.

PAYING GUESTS, HOUSES, &c.

"ARDWELL," Chesham Bois, Bucks. Three minutes from common and close to post office and church. Chesham Bois stands 550ft. above the sea level. Lovely country. Bracing air. From 30s. to £2 2s. per week. Week ends arranged.—Miss Barber.

Comfortable home offered one or two ladies engaged during the day (Bayswater): terms moderate; near rail and 'bus.—J. E. M., MYRA'S Office. M 3766

COLWYN BAY. — Superior apartments, near sea and golf links; highly recommended; moderate terms. — Mrs. Fox, Kenilworth, Llewelyn Road.

HASTINGS.—Comfortable board-residence for ladies. Moderate.—24, Githa Road, Clive Vale.

MISCELLANEOUS.

Pharmaceutical Chemist's ECZEMA OINTMENT. Marvellous results. Box 1s.—M. E. W., MYRA'S Office.

Ladies' GREY or FALLING HAIR quickly restored (not dyed) 1s. 6d. per sitting. Highly recommended by MYRA'S JOURNAL. TIRED, ACHING FEET instantly relieved. Boxes, post free, 6d. and 1s.—Miss Warrington, 169a, Latchmere Road, Clapham Junction.

BOY'S BICYCLE WANTED.—State size of frame, maker's name and condition of tyres, and price.—No. 8 M, MYRA Office, 10 and 11, Fetter Lane, London.

Don't Look Old! Send 7d. and piece of hair for bottle REANCHE HAIR STAIN.—299, King's Road, Chelsea.

CREME-DES-INCAS.—Lovely face cream, preserves skin when exposed to wind or sun, 1s. box.—Madame Viva, 17, Colville Road, W.

STAPLE-MOSS, a sure simple remedy for rheumatism. 1s. 1½d. box, 24 powders.—Nellangi and Co., 17, Colville Road, W.

ANTI-STOUTNESS.—Recipe 1s.; inexpensive, pleasant, innocuous.—S., 33, Grosvenor Park, S.E.

SCIENTIFIC DRESSMAKING CHARTS, Stereoscope and Slides; offers.—Philipps, 9, Bay View Terrace, Mumbles, S. Wales.

WINDOW TICKETS written to requirements; exchange Man's Second-hand Suit, 5ft. 8in.—F. Jones, 10, Miller Street (off New Hall Lane), Preston.

30s. to £5 per week for work done at home. We provide materials.—Send for particulars to the National Home Employment Association, 11, Albermarle Works, Hounslow. 2

HAIR LOTION. — Beautiful abundant, fluffy hair. Prevents greyness. Post free, 1s.—Miss M. Morton, 196, Avenue Road, Acton.

To create a LOVELY COMPLEXION use Theresé Clayton's Extracted Milk of Elder Flowers, 2s. 9d. post free, 1, Ridgefield, Manchester.

LADIES COMBINGS mounted in tails, 1s. per oz. Frames, empire curls. Best workmanship.—Miss Rose, 7, Blackburn Road, West Hampstead

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement each month, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. JULY, 1910.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 51, Cochrane Street, Circus Road, St. John's Wood.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Mrs. Burnay, 10, Lansdowne Street, Hove.
Miss E. Chandler, 70, Kennington Road, S.E.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Coward, 83, Gloucester Road, Regent's Park, N.W.
Miss A. Dryden, 62, Wellesley Road, Leytonstone, Essex.
Mrs. England, 440, Edgware Road, W.
Mrs. Glover, 3, Redburn Street, Chelsea, S.W.
Mme. Marion, 83, Sydenham Road, Sydenham, S.E.
Miss Peaston, 81, Ashmore Road, Paddington.
Miss Smith, 3, Pakeman Street, Holloway, N.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 14, Blomfield Street, Westbourne Square, Paddington, W.
Elsie Baker, 3, Norwich Road, Thornton Heath.
Mrs. F. V. Bebber, 37, Manchester Street, King's Cross, W.C.
Miss Burnett, 7, Windsor Road, Holloway, N.
The Misses Butler, 29, Gauden Road, Clapham, S.W.
Miss Charles, 20, Balham Grove, Balham.
Mme. Connelly, 23, Osnaburgh Street, N.W.
Mme. Course (Blouse Specialist), Rushden.
Miss Davidge, 7, Rabbits Road, Manor Park, Essex.
Mrs. L. B. Day, 41, Argyle Square, King's Cross, W.C.
Miss Durrant, 14, Blomfield Street, Paddington, W.
Mrs. England, 440, Edgware Road, W.
Mlle. Farbrother, The Owls, Gloucester Road, Kingston Hill, S.W.
Mrs. I. Forrester, 3, Moxon House, Paradise Street, Marylebone, W.
Miss Goddard, 46, Cambridge Road, King Street, Hammersmith.
Elizabeth Grey, 8, Holland Road, Brixton, S.W.
Miss De La Haye, 108, Gowan Avenue, Fulham, S.W.
Mrs. M. E. Horner, 70, Barden Road, Tonbridge.
Miss James, 56, Upham Park Road, Chiswick.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Misses Leftwich and Bush, 54, Blomfield Road, Maida Hill, N.W.
Mme. Léonie, 120, Talbot Road, Bayswater, W.
Miss Leeson, 2, Copley Road, Doncaster.
Mme. Marion, 83, Sydenham Road, Sydenham, S.E.
Ethel May, 54, Hereford Road, Bayswater, W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss M. H. Vinter, 13, Osborne Villas, Hove, Sussex.
Mme. White, 299, King's Road, Chelsea, S.W.
Madame Emilie Wright, 3, Priory Park Road, Kilburn, N.W.
Miss Walwyn, 5, St. Ann's Road, Barnes.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Miss Walwyn, 5, St. Ann's Road Barnes.
Madame A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Elsie Baker, 3, Norwich Road, Thornton Heath.
Mme Marion, 83, Sydenham Road, Sydenham, S.E.
Mme. White, 299, King's Road, Chelsea, S.W.

The Four Free Patterns issued with the JUNE NUMBER of MYRA'S JOURNAL are :—

NEW DRAWN IN SKIRT FOR SUMMER FABRICS.
LATEST ONE-PIECE BLOUSE.
NEW SKIRT WITH SHAPED FOOTBAND.
BOY'S TUNIC OVERALL.

The JUNE NUMBER is full of Useful and Practical Designs of Special Fashions for Summer Wear, and for Mourning and Half-Mourning.

There are designs and descriptions of Charming Coats and Skirts for the Summer. The New One-piece Blouse. Evening Gowns. Summer Styles for Children. A Layette. Smart Summer Underwear.

The JUNE NUMBER of MYRA'S JOURNAL can be obtained of all Newsagents, and at the Railway Bookstalls. Price Threepence.

All Coupons must be received by the 1st of each month preceding date of issue.

"My son when 9 weeks old weighed 2 lbs. less than at birth; we then commenced to feed him on

ROBINSON'S PATENT BARLEY

"IN POWDER FORM"

In one month he gained 2½ lbs., and at 6½ months (*see Photo*) weighed 20 lbs.—a fine, healthy boy."

The newly-born infant is as fragile as the beauty of a flower, and if bottle-feeding is necessary, then

Robinson's "Patent" Barley

is as necessary with the cow's milk as the sun is to give us light, if that infant is to thrive rapidly, free from ailments, and its mother to have her rest. The little one's increase in weight must be bone and muscle, with health and strength, or the child cries much.

(Copy of Letter.)

31, Glenelg Road, Brixton,
London, S.W., 18*th Jan.*, 1910.

Dear Sirs,—We feel it our duty to send you a letter of recommendation of your Patent Barley. Our little son when 9 weeks old weighed 2 lbs less than at birth. We then commenced to use your Patent Barley, with the result that in the following month he gained 2½ lbs, and now, at 6½ months, he weighs nearly 20 lbs, and is a fine, healthy boy. We have great pleasure in recommending your Patent Barley to all our friends, and *they can see a fine sample* of its qualities. We enclose photo taken at 6 months. You may make whatever use you like of both photo and letter. We are following on with your Patent Groats, which our little lad greatly enjoys.

(Signed) W. J. COX.

***Send for Free Booklet:* "ADVICE TO MOTHERS."**

KEEN, ROBINSON & CO., Ltd., LONDON.

Printed by Waldrook & Co., Ltd., 13, 14, and 15, Whitefriars Street, London, E.C., and Published Monthly by Beaton & Co., Ltd., 10 and 11, Fetter Lane, London, E.C.